

# A Guide to Hope and Healing: Substance Use Services in Saskatchewan



Prepared as part of the *Perspectives, pathways and priorities of people with lived and living experience of substance use: Informing policy* research project

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## The P5 Project:

The P5 Project YXE, or the Perspectives, Pathways, and Priorities of People with Lived and Living Experience of Substance Use: Informing Policies, is a research study based out of the University of Saskatchewan. The purpose of this community-based patient-oriented participatory action research is to amplify and mobilize voices of experience to develop and enhance pathways of care for people with lived and living experience (PWLLE) of problematic substance use in Saskatoon and Saskatchewan.

Visit [www.p5projectyx.ca](http://www.p5projectyx.ca) for more information.

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## Preface

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This document is designed as a guide to provide information on services addressing substance use in Saskatchewan. It contains information about drug and alcohol withdrawal management, treatment centers, recovery services, mental health and addictions support, harm reduction programs and services, opioid assisted therapies, peer programs and support groups, and additionally provides contact information for the federally administered National Native Alcohol and Drug Abuse programs. The purpose of this document is to provide a comprehensive resource listing substance use services in Saskatchewan and to facilitate access to the services described within.

This document is structured by geographical region and primary service type. The province of Saskatchewan is separate into three broad geographic service regions: Northern, Central and Southern and Saskatchewan. Beyond this, services and supports are further distinguished to note larger cities and rural and remote communities within each geographic region. Each regional section notes the primary services for each organization listed along with contact information, and a link to their website. However, additional services and referrals may be available. We encourage readers to contact the organization directly for a full description of their current services and to connect with a care provider. Further, if services or supports are available but not listed in this document or if our listing is not accurate, we encourage readers to visit [www.p5projectyxe.ca](http://www.p5projectyxe.ca) and use the Contact Us feature so we can update this resource.

Individuals seeking services should explore their closest available services according to geographic region. Beyond the geographic structure, the document is broken down into two categories for each region. Services available are combined into two sections: 1) withdrawal management, treatment and opioid agonist therapy and 2) mental health and addictions supports. Services are listed alphabetically in each; however, the Rural and Remote Communities region lists services alphabetically by city. The listings provide details about the service organization including contact information, substance use-related services offered, provision of take-home naloxone kits (THN), membership in the National Native Alcohol and Drug Abuse Program (NNADAP) to serve First Nations and Inuit populations, or availability of youth-specific services. For direct information on what services your location offers, see Appendix A, a full list of services offered in Saskatchewan categorized by region. For direct information on where to access opioid agonist therapies in Saskatchewan, see Appendix B. For direct information on where to access take home naloxone kits in Saskatchewan, see Appendix C.

**DISCLAIMERS:**

If there is an emergency, please contact 9-1-1 right away.

Please be aware that some of the information provided may have changed since the release of this document. We encourage readers to visit [www.p5projectye.ca](http://www.p5projectye.ca) and use the Contact Us feature so we can update as necessary.

If you are seeking immediate referral, please contact the Saskatchewan Health Authority at 306-655-7777. If you are seeking more information on National Native Alcohol and Drug Abuse Programs (NNADAP) or Youth Substance/Solvent Use Programs (YSAP) the contact information for the Saskatchewan Regional NNADAP Program Manager, 306-564-9085 or the Saskatchewan Regional Office at 306-564-9098. If you are seeking specific needs relating to human services, call or text 2-1-1 or visit their website at <https://sk.211.ca>.

For those seeking more information or have questions about a particular organization, please contact the organization directly. Each service is unique and may use different terminology or be initiating new programs. Some of the addresses provided are for administrative offices only. It is best to contact the organization directly for advice on next steps.

## Stigma & Language

Stigma is a negative attitude or belief associated with a particular circumstance, quality, or person. People who use drugs (PWUD) or other substances are often stigmatized and this can have significant impacts health, wellbeing, treatment and recovery journeys. It also impacts family, friends, and the broader community. Stigma is a barrier that PWUD may face in many aspects of their lives including when accessing health care and social/human services, seeking housing or meeting other basic needs including connection with social supports such as family and friends. Stigma creates and perpetuates shame and negative self-image.

One common way this issue persists is through the use of stigmatizing language. Some commonly used words and phrases can perpetuate negative attitudes and beliefs by reinforcing ideas of individual and moral failure of those who use substances. In the remainder of this section, we provide person-first and less stigmatizing language suggestions for commonly used terms and phrases pertaining to PWUD and some definitions of terms found frequently throughout this document.

Instead of saying this...		Try saying...
Addict	→	Person with a substance use disorder
Drug user/abuser	→	Person who uses drugs/substances; person with lived/living experience
Former drug user/abuser	→	Person with lived experience
Recreational user	→	Person who uses drugs/substances recreationally
Drug/substance abuse	→	Drug/substance use
Drug/substance misuse	→	Drug/substance use
Detox	→	Withdrawal management

## Terminology:

There are many complementary approaches to addressing problematic substance use and substance use disorders. Our classification of services is based on the following definitions provided in table XXXX. Services listed in this document may have a different interpretation of the terms used. We suggest following up with service providers directly if clarification about what services they provide is needed. Each term is followed by an additional resource for further information. If you are not sure of the best resource for your situation, we suggest contacting the Saskatchewan Mental Health and Addictions referral line at 306-655-7777.

Terminology	Definition	Additional Resource
Harm Reduction (HR)	Any service that aims to reduce the harms of substance use such as safe consumption, overdose prevention or needle exchange; distribution of safer drug use supplies including safer inhalation/smoking or injection kits; or provision of naloxone kits. NOTE: not all harm reduction agencies offer all services listed above. If unsure about what harm reduction programming is offered at an agency, please follow-up with that agency directly.	<a href="https://www.hri.global/what-is-harm-reduction">https://www.hri.global/what-is-harm-reduction</a>
Withdrawal Management (WM)	Any service that aims to assist an individual with reducing the physical and psychological impacts of reducing or stopping the habitual use of a substance. When a person is physically dependent on a substance, stopping abruptly can cause harmful impacts on the body. It is important to consult a professional to guide and monitor this approach to reducing or abstaining from use.	<a href="https://www.ccsa.ca/withdrawal-management-services-canada-national-treatment-indicators-report-2015-2016-data">https://www.ccsa.ca/withdrawal-management-services-canada-national-treatment-indicators-report-2015-2016-data</a>
<i>Terminology continues on next page</i>		

Treatment and Recovery	<p>These terms are often used interchangeably but are distinguished in this document.</p> <p>Treatment means engaging a process that is guided by a trained professional to address substance use, often in a clinical or residential setting. There are numerous approaches to treatment. The best approach depends on each individual situation and available evidence and resources. A treatment professional can provide the best assessment and guidance for accessing local treatment options.</p> <p>Recovery means different things to different people. For some it is abstinence from substance use and for other it means experiencing a better quality of life. Recovery can encompass any service or support that assists a person with achieving or maintaining their goals.</p> <p><i>*For this document: Treatment means any program or service offered by a trained professional to assist an individual with addressing their substance use. Recovery services means any program or service that is used to maintain the outcomes of a treatment program, or that broadly encourage a more conscientious relationship with the substance of use and promote wellbeing in daily life.</i></p>	<a href="https://www.ccsa.ca/research-treatment-support-and-recovery">https://www.ccsa.ca/research-treatment-support-and-recovery</a>
Opioid Assisted/ Agonist Therapies (OAT)	An effective treatment that involves taking the opioid agonists methadone or buprenorphine/naloxone (Suboxone). These medications work to prevent withdrawal and reduce cravings for opioid drugs.	<a href="https://www.cps.sk.ca/imis/CPSS/CPSS/Programs_and_Services/Opioid_Agonist_Therapy_Program.aspx">https://www.cps.sk.ca/imis/CPSS/CPSS/Programs_and_Services/Opioid_Agonist_Therapy_Program.aspx</a>
Outpatient or Day Program	A patient who is not hospitalized overnight but who does treatment and/or recovery in mental health clinics, counsellors' offices, or hospital.	
Inpatient or Residential Program	Inpatient treatment may be part of a hospital program or treatment center, where you will sleep at the facility and get therapy.	

# **Section 1:**

# **Northern Saskatchewan**

**1.1 La Ronge**

**1.2 Meadow Lake**

**1.3 Rural and Remote Communities**

<b>1.1a La Ronge: Withdrawal management, treatment and opioid agonist therapies (OATs)</b>				
<b>Organization</b>	<b>Services</b>	<b>THN</b>	<b>NNADAP</b>	<b>Youth</b>
Addiction Services: La Ronge Health Centre  Box 6000, 227 Backlund St, <b>La Ronge, SK S0J 1L0</b>  (306) 425-2422	Withdrawal management	Yes	No	Yes
La Ronge Medical Clinic  809 La Ronge Ave, <b>La Ronge, SK S0J 1L0</b>  (306) 425-2174	Opioid agonist therapy	No	No	Not Known

<b>1.1b La Ronge: Mental health and addictions supports and services</b>				
<b>Organization</b>	<b>Services</b>	<b>THN</b>	<b>NNADAP</b>	<b>Youth</b>
Addiction Services: La Ronge Health Centre  Box 6000, 227 Backlund St, <b>La Ronge, SK S0J 1L0</b>  (306) 425-2422	Addictions counselling Mental health counselling Youth services Education, support, and/or counselling	No	No	Yes
Grandmother's Bay (Kokum) Clinic  <b>La Ronge, SK S0J 1L0</b>  (306) 653-4440 1-877-635-4440	Needle exchange and distribution Safe sex supplies Support, education and/or referrals	No	No	Not Known
Jeannie Bird Clinic	Needle exchange and distribution	No	No	Not Known

334 Wilson Charles St, <b>Air Ronge, SK</b> S0J 3G0  (306) 425-3600 1-877-768-3888	Safe sex supplies Support, education and/or referrals			
Scattered Site Outreach Program  719B La Rong Ave, <b>La Ronge, SK</b> S0J 1L0  (306) 425-4990	Clinical treatment services Counselling and support Harm reduction and sexual health Health and wellness	No	No	No
Youth Mental Health and Addiction Services: Kikinahk Friendship Centre  Box 254, 320 Boardman St, <b>La Ronge, SK</b> S0J 1L0  (306) 425-2051	One-to-one counselling Addictions education program Outpatient day program	No	No	Yes

## 1.2 Meadow Lake

### 1.2a Meadow Lake: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Robert Simard Centre (Private)  711 Centre St, <b>Meadow Lake, SK</b> S9X 1E6  (306) 236-1580	Withdrawal management Medical management Substance use management	No	No	Yes
Meadow Lake Primary Health Care Centre  218 Centre St	Opioid agonist therapy	No	No	Not Known

Po Box 1510, <b>Meadow Lake, SK</b> S9X 1Z1  (306) 236-5661				
Mental Health and Addictions Services  #8- 711 Centre St, <b>Meadow Lake, SK</b> S9X 1E6  (306) 236-1580	Assessment and treatment Inpatient/residential treatment	Yes	No	Not Known

### 1.2b Meadow Lake: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Door of Hope Clinic  105 2 <sup>nd</sup> Avenue E, <b>Meadow Lake, SK</b> S9X 1Y8  (306) 236-5537	Needle exchange and distribution Safe sex supplies Inhalation supplies	No	No	Not Known
Flying Dust First Nation Health Centre  8001 Flying Dust Reserve, <b>Meadow Lake, SK</b> S9X 1T8  (306) 236-8670	Addiction services Mental health/holistic health services – may include: <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul>	No	Yes	Yes
Meadow Lake Public Health  Northwest Health Facility, 9-711 Centre St, <b>Meadow Lake, SK</b> S9X 1E6  (306) 236-1570	Needle exchange and distribution Safe sex supplies Inhalation supplies	Yes	No	Not Known
Mental Health and Addictions Services	Mental health services	Yes	No	Not Known

#8 - 711 Centre St, <b>Meadow Lake, SK</b> S9X 1E6  (306) 236-1580	Diagnosis and treatment of mental disorders Psychiatric rehabilitation services			
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### 1.3 Rural and Remote Communities (listed alphabetically by community)

#### 1.3a Rural and Remote Communities: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Athabasca Health Authority  Box 124, <b>Black Lake, SK</b> S0J 0H0  (306) 439-2200	In-patient/residential treatment Out-patient treatment Addiction support Adult mental health Counselling services Mental health wellness Recovery services Psychiatry Psychology Matrix Intensive Outpatient Model	No	Yes	No
Armand Bekkattla (Private)  Box 5010, <b>Clearwater River, SK</b> S0M 3H0  (306) 822-2750  <a href="mailto:Crdntc@sasktel.net">Crdntc@sasktel.net</a>	Holistic treatment focusing solely on addiction. Inpatient/residential treatment Outpatient treatment programs including: - Concurrent disorders - Residential schools - Child counselling - Couples counselling  Individualized treatment 12-step program	No	Yes	No
Freedom Outreach  Box 271 100 Boundary Rd, <b>Denare Beach, SK</b>	Twelve-month inpatient/residential program that will offer men a chance to find purpose for their life, receive	No	No	No

SOP 0B0  (306) 362-2117 1-844-362-2117  <a href="mailto:freedom.outreach@sasktel.net">freedom.outreach@sasktel.net</a>	mentorship, academic and life-skills training, while adhering to a strict schedule and learning valuable work ethics through various community partnerships.			
Nakasuwenik Medical Clinic  Lajeunesse Ave, <b>Ile a la Crosse, SK</b> S0M 1C0  (306) 833-2044	Opioid agonist therapy	No	No	Not Known
St. Joseph's Hospital and Health Centre  Box 630, <b>Ile a la Crosse, SK</b> S0M 1C0  (306) 235-2220	Inpatient withdrawal management	No	No	Yes
La Loche Health Centre  Dene Rd, <b>La Loche, SK</b> S0M 1G0  (306) 822-8800	Opioid agonist therapy	No	No	Not Known
Mistahey Musqya Treatment Centre  Box 404, <b>Loon Lake, SK</b> S0M 1L0  (306) 837-2184  <a href="mailto:mmtc@sasktel.net">mmtc@sasktel.net</a>	Inpatient/residential treatment Concurrent disorders Residential schools Couples counselling	No	Yes	No
William Charles Health Centre  <b>Montreal Lake, SK</b> S0J 1Y0  (306) 663-5995	Opioid agonist therapy	No	No	Not Known

Ekweskeet Healing Lodge  Box 280, <b>Onion Lake, SK</b> S0M 2E0  (306) 344-2094  <a href="mailto:buffalo-calf@ekweskeet.org">buffalo-calf@ekweskeet.org</a>	Inpatient/residential treatment Outpatient treatment Concurrent disorders Residential schools Gender-based Child counselling	No	Yes	No
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### 1.3b Rural and Remote Communities: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Addictions Counselling  Box 68, <b>Beauval, SK</b> S0M 0G0  (306) 235-2220	Provides client education on the effects of alcohol and drug abuse, including one-on-one counselling, follow-up support, and home visits.	No	No	Not Known
Beauval Health Centre  Lavoie St, <b>Beauval, SK</b> S0M 0G0  (306) 288-4800 1-866-848-8022	Support, education and/or referrals	No	No	Not Known
Black Lake Health Centre  Box 162, <b>Black Lake, SK</b> S0J 0H0  (306) 284-2020	Family support Suicide prevention Youth suicide servers Addictions services Mental health therapists	No	No	Yes
Youth Addiction Services  Athabasca Health Facility, Box 124,	Alcohol and drug services available for youth and their families. Specialized youth services are available on an outpatient basis.	No	No	Yes

<b>Black Lake, SK</b> S0J 0H0  (306) 439-2649				
Buffalo Narrows Health Centre  491 Peterson Ave, <b>Buffalo Narrows, SK</b> S0M 0J0  (306) 235-5800 1-866-848-8011	Support, education and/or referrals	Yes	No	Not Known
Canoe Narrows/Lake Health Centre and Nursing Station  Box 229, <b>Canoe Narrows, SK</b> S0M 0K0  (306) 892-2140	Addiction services	No	No	Not Known
Creighton Alcohol and Drug Abuse Council (CADAC)  430 Main St, <b>Creighton, SK</b> S0P 0A0  (306) 688-8291	Addiction services	No	No	Not Known
Creighton Community Health Services  298 – 1 <sup>st</sup> St E, <b>Creighton, SK</b>  (306) 688-8620	Support, education and/or referrals	Yes	No	Not Known
Cumberland House Health Centre  2 <sup>nd</sup> Ave, <b>Cumberland House,</b> <b>SK S0E 0S0</b>  (306) 888-2244	Addiction services Mental health/holistic health services – may include: <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul> Public health services	No	Yes	Yes

Pine Island Building  Box 218, Cumberland St <b>Cumberland House,</b> <b>SK S0E 0S0</b>  (306) 888-2155	Outpatient counselling to individuals involved in substance use and others affected by their usage. SI screening. Problem gambling counselling. Education and prevention programs, presentations, workshops, print and video resources, promotional items.	No	No	Not Known
Jonas Sewap Memorial Health Centre  Kimosom Pwatinahk I.r. No. 203, <b>Deschambault Lake,</b> <b>SK S0P 0C0</b>  (306) 632-2106	Needle exchange and distribution Safe sex supplies STBBI testing	No	No	Not Known
Buffalo River Health Centre  Box 130, <b>Dillon, SK S0M 0S0</b>  (306) 282-2132	Addiction services	No	No	Not Known
Fond-du-Lac Health Centre  Box 280, <b>Fond-du-Lac, SK</b> <b>S0J 0W0</b>  (306) 686-2003 Or (306) 668-2077	Addiction services Mental health/holistic health services – may include: <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul> Mental health therapists	No	Yes	Yes
Green Lake Health Centre  Box 29, <b>Green Lake, SK</b> <b>S0M 1B0</b>  (306) 832-6257	Addiction services Harm reduction services	No	No	Not Known
John G Ross Clinic	Needle exchange and distribution	No	No	Yes

<b>Hall Lake, SK</b> (306) 425-8075 1-866-973-8075	Safe sex supplies Support, education and/or referrals Publicly funded vaccination			
Hatchet Lake Health Centre  <b>Hatchet Lake, SK</b> S0J 3C0  (306) 633-2167	Addiction services Mental health/holistic health services – may include: - Family support - Suicide prevention  Youth suicide services	No	Yes	Yes
St. Joseph's Hospital and Health Centre  Box 630, <b>Ile a la Crosse, SK</b> S0M 1C0  (306) 833-2016	Addiction services Mental health/ holistic services - Family support - Suicide prevention - Youth suicide services - Addictions - Mental health therapists	No	Yes	Yes
La Loche Health Centre  Box 89, La Loche Ave, <b>La Loche, SK</b> S0M 1G0  (306) 822-3200 1-888-688-7087	Addiction services Mental health/holistic services - Family support - Suicide prevention - Youth suicide services - Addictions - Mental health therapists  Support, education and/or referrals	No	Yes	Yes
Makwa Sahgaiehan First Nation Health Centre  Box 559, <b>Loon Lake, SK</b> S0M 1L0  (306) 837-2208	Addiction services Mental health/holistic health services – may include: - Family support - Suicide prevention  Youth suicide services	No	Yes	Yes
William Charles Health Centre  <b>Montreal Lake, SK</b> S0J 1Y0	Addiction services Needle exchange and distribution Safe sex supplies STBBI testing	No	No	Not Known

(306) 663-5995	Outreach services Medical transport			
English River Health Services  Box 60, <b>Patuanak, SK</b> S0M 2H0  (306) 396-2072	Addiction services Mental health/holistic health services – may include: - Family support - Suicide prevention - Youth suicide services	No	Yes	Yes
Angelique Canada Health Centre  380, <b>Pelican Narrows, SK</b> S0P 0E0  (306) 632-2046	Needle exchange and distribution Safe sex supplies STBBI testing Addiction services	No	Yes	Yes
Pinehouse Health Centre  Hilltop Ave, <b>Pinehouse Lake, SK</b> S0J 2B0  (306) 884-5670	Support, education and/or referrals Addiction services Mental health/holistic services – may include: - Family support - Suicide prevention - Youth suicide services - Addictions  Mental health therapists	Yes	Yes	Yes
Red Earth Health Centre  Box 106, <b>Red Earth, SK</b> S0J 1K0  (306) 768-3617	Addiction services Mental health/holistic health services Public health services	No	No	Not Known
Sandy Bay Medical Clinic  Box 210, Hill St, <b>Sandy Bay, SK</b>  306-754-5400	Addiction services Mental health/holistic health services	Yes	No	Not Known

Sandy Bay Outpatient Centre – Addiction Services  Box 40, <b>Sandy Bay, SK</b> S0J 0G0  (306) 754-5424	Addiction services Mental health/holistic services <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> <li>- Addictions</li> <li>- Mental health therapists</li> </ul>	No	Yes	Yes
Arthur Morin Memorial Health Centre  <b>Southend, SK</b> S0J 2L0  (306) 758-2063	Needle exchange and distribution Safe sex supplies STBBI testing	No	No	Yes
Sucker River Clinic  <b>Sucker River, SK</b>  (306) 425-5591 1-888-425-5590	Needle exchange and distribution Support, education and/or referrals	No	No	Not Known
Birch Narrows First Nation Annie Bagg Memorial Nursing Station  Box 149, <b>Turnor Lake, SK</b> S0M 3E0  (306) 894-2112	Addictions services Mental health/holistic health services – may include: <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul>	No	Yes	Yes
Uranium City Health Centre  Box 360, <b>Uranium City, SK</b> S0J 2W0  (306) 498-2412	Addiction services Mental health/holistic health services – may include: <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul>	No	Yes	Yes
Waterhen Lake First Nation Health Clinic  Box 16,	Addiction services	No	No	Not Known

<b>Waterhen Lake, SK</b> S0M 3B0  (306) 236-3151				
Weyakwin Home Care  <b>Weyakin, SK</b> (306) 663-6100	Take home naloxone kits	Yes	No	Not Known

# **Section 2: Central Saskatchewan**

- 2.1 Saskatoon**
- 2.2 Prince Albert**
- 2.3 North Battleford**
- 2.4 Lloydminster**
- 2.5 Rural and Remote Communities**

## 2.1 Saskatoon

### 2.1a Saskatoon: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
<p>Acute Services (Dubé Centre)</p> <p>103 Hospital Dr, Royal University Hospital <b>Saskatoon, SK</b> S7N 0W8</p> <p>(306) 655-0703 (Adult Main) (306) 655-0702 (Child and Adolescent Unit)</p>	<ul style="list-style-type: none"> <li>• Activities of daily living</li> <li>• Assessment-physical and psychosocial</li> <li>• Coping skills</li> <li>• Crisis</li> <li>• Family</li> <li>• Family support</li> <li>• Goal planning</li> <li>• Group programming</li> <li>• Liaison with community resources</li> <li>• Medication administration/monitoring/education</li> <li>• One to one counseling</li> <li>• Patient education</li> <li>• Proactive crisis intervention</li> <li>• Safe, structured environment</li> <li>• Transition and discharge planning</li> </ul>	No	No	Yes
<p>Brief and Withdrawal Management (Social Detox) Units</p> <p>201 Ave O S, <b>Saskatoon, SK</b> S7M 2R6</p> <p>306-655-4195</p>	<p>Brief withdrawal management unit:</p> <ul style="list-style-type: none"> <li>- 12 bed unit which provides a safe place to sleep for individuals under the influence of alcohol or drug, where they can be supervised.</li> <li>- Brief intervention</li> </ul> <p>Withdrawal management (social detox) unit:</p> <ul style="list-style-type: none"> <li>- Recovery based program that focuses on the management of physical withdrawal symptoms</li> </ul>	No	No	No

	while engaging in a recovery process.			
Calder Centre  2003 Arlington Ave, <b>Saskatoon, SK</b> S7J 2H6  (306) 655-4500	A variety of therapeutic approaches and philosophies Length of program: based on a 4-week residential stay – however, there is flexibility to shorten or extend the stay depending on the individual's needs. Support and education.	No	No	No
Calder Centre Residential Treatment - Youth, 12-18 years  2003 Arlington Ave, <b>Saskatoon, SK</b> S7J 2H6  (306) 655-4500	Providing a safe, trusting environment. Facilitating physical and emotional stability. Assessing individual needs. Providing counselling and education based on best practices. Assisting youth with developing a community recovery plan.	No	No	Not Known
College Park Medical Clinic  2600 8 St E, <b>Saskatoon, SK</b> S7H 0V7  (306) 955-2600	Opioid agonist therapy	No	No	Not Known
Homewood Health (Private)  201 21 <sup>st</sup> St E, <b>Saskatoon, SK</b> S7K 0B8  (306) 652-1055	Holistic treatment focusing solely on addiction. Medically assisted management 24 hour clinical care Outpatient treatment Inpatient/residential treatment Individualized treatment 12-step program Aftercare support	No	No	Not Known
Idylwyld Medical Centre  502 Idylwyld Dr N, <b>Saskatoon, SK</b>	Opioid agonist therapy	No	No	Not Known

S7L 0Z2  (306) 652-0400				
Lakeside Medical Clinic  215 Joseph Okemasis Dr, <b>Saskatoon, SK</b> S7N 3A8  (306) 374-6884	Opioid agonist therapy	No	No	Not Known
The Lighthouse Stabilization Emergency Shelter (Non-profit)  304 2nd Ave S, <b>Saskatoon, SK</b> S7K 1L1  (306) 653-0538  <a href="mailto:hello@lighthousesaskatoon.org">hello@lighthousesaskatoon.org</a>	Emergency shelter Affordable living apartments Main dining room Cameco community kitchen The Lighthouse Stabilization Unit Sask Health Authority Medical Clinic and On-Site Care Team Community Housing Mobile Outreach Team Volunteer Program Dubé supported living arrangements – supported living suites that include the following program: - Complex needs program - Anchor program – assisted independent living - Managed alcohol program	No	No	Yes
Mental Health and Addictions  314 Duchess St, <b>Saskatoon, SK</b> S7K 0R1  (306) 655-0452	Opioid agonist therapy	No	No	Not Known
Métis Addictions Council of Saskatchewan Inc. (Non-profit)  Saskatoon Treatment Center,	Inpatient Treatment – 28-day residential option for adults. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational	No	No	Not Known

335 Ave G S, <b>Saskatoon, SK</b> S7M 1V2  (306) 652-8951 1-877-652-8951  <a href="mailto:saskatoon@macsi.ca">saskatoon@macsi.ca</a>	sessions, self-help meetings, cultural teachings, recreational programming and more. Outpatient Treatment- a helpful approach for those in all stages of recovery as the counsellor can provide addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals.			
Methadone Clinic  Opioid Assisted Recovery Program, 1611 20th St W, <b>Saskatoon, SK</b> S7M 0Z7  (306) 655-0480  <u>OR</u>  Mayfair Clinic, 504 33rd St W, <b>Saskatoon, SK</b> S7L 0V8  (306) 655-4006	Long term goal of Methadone Assisted Recovery is to establish/ re-establish healthy living, a process in which client actively participates.	Yes	No	Physici an sent
Possibilities Recovery Centre  3711 Thatcher Ave, <b>Saskatoon, SK</b>  (306) 242-7023	Pre-treatment program - education on addiction, coach through proven early recovery skills, etc. Intensive outpatient treatment program. Post-treatment program. Recovery coaching.	No	No	Not Known
Primacy - Westend Walk-In & Medical Clinic  411 Confederation Dr, <b>Saskatoon, SK</b> S7L 5C3	Opioid agonist therapy	No	No	Not Known

(306) 382-6333				
Rapid Access Addiction Medicine (RAAM)  St. Paul's Hospital, 1702 20 <sup>th</sup> St W, <b>Saskatoon, SK</b> S7M 0Z9  (306) 655-5754	Medication - Treatment for opioid use disorder	Yes	No	Not Known
Saskatoon Community Clinic  455 - 2nd Avenue N <b>Saskatoon SK</b> S7K 2C2  (306) 652-0300	Opioid agonist therapy	No	No	Not Known
Teen Challenge Saskatchewan  Ernie Tell, National Intake Coordinator, 12-2155 Airport Dr, <b>Saskatoon, SK</b> S7L 6M5  1-877-343-1022	Offer help and hope to men and women struggling with alcoholism and/or addiction to other drugs. - Community living - Character and leadership - Health and recreation - Life skills	No	No	Yes
Westside Community Clinic  1528 20 <sup>th</sup> St W, <b>Saskatoon, SK</b> S7M 0Z6  (306) 664-4310	Opioid agonist therapy	No	No	Not Known
West Winds Primary Health Centre  3311 Fairlight Drive, <b>Saskatoon, SK</b> S7M 3Y5  (306) 655-4200	Opioid agonist therapy Addiction services	No	No	Not Known

2.1b Saskatoon: Mental health and addictions supports and services				
Organization	Services	THN	NNADAP	Youth
AA Helpline  Saskatoon and District AA Central Office 515 - 245 3rd Ave S, <b>Saskatoon, SK S7M 1M4</b>  (306) 665-6727  <a href="https://aasask.org">https://aasask.org</a>	Support groups of people sharing experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism are held throughout Saskatchewan.	No	No	Not Known
Al-Anon Family Groups  Saskatoon Al-Anon Information Services  (306) 665-3838  <a href="http://sk-alanon.ca/includes/sk-alanon_index4.php">http://sk-alanon.ca/includes/sk-alanon_index4.php</a>		No	No	Not Known
Alateen Groups  St. Thomas More College, 1437 College Dr, <b>Saskatoon, SK S7N 0W6</b>  (306) 665-3838	A fellowship of young people whose lives have been affected by alcoholism in a family member or close friend who share their experience, strength, and hope in order to solve their common problems.	No	No	Yes
Adult Outreach Services  Adult Outreach Services, MHAS, 315 Ave M S, <b>Saskatoon, SK S7M 0Y9</b>  (306) 655-4195	A selective program for individuals who are unable to enter a formal withdrawal setting. - Home withdrawal program Assist with food and shelter concerns. Assist with medical transportation. Connect clients with support community based organizations.	No	No	No

	Link clients to appropriate services within Saskatoon Health Region.			
<p>Central Saskatchewan Area of Narcotics Anonymous</p> <p>PO Box 9718, <b>Saskatoon, SK S7K 7G5</b></p> <p>(306) 652-5216</p> <p><a href="http://csana.org">http://csana.org</a></p>		No	No	Yes
<p>Child and Youth Services</p> <p>715 Queen St, <b>Saskatoon, SK S7K 4X4</b></p> <p>(306) 655-7802</p>	<p>Providing assessments, individual, family and group therapy to youth and their families who are experiencing mental health and/or substance use issues.</p>	No	No	Yes
<p>Community Addiction Services (Adult)</p> <p>The Sturdy Stone Centre, 122 3<sup>rd</sup> Ave N, <b>Saskatoon, SK S7K 2H6</b></p> <p>(306) 655-7777</p>	<p>Mental health and addictions services.</p> <p>Other services in the Saskatchewan Health Authority (Saskatoon Area).</p>	No	No	No
<p>Community Adult Mental Health Services</p> <p>Main Office: 4<sup>th</sup> Floor – 715 Queen St, Saskatoon, SK S7K 4X4</p> <p>(306) 655-8877</p> <p>Programs are also offered at these locations: McKerracher Centre, 2302 Arlington Ave, <b>Saskatoon, SK S7J 3L3</b></p> <p>(306) 655-4590</p> <p>MHAS Out-patient, Saskatoon City Hospital, 701 Queen St,</p>	<p>Alternatives to violence program.</p> <p>Community adult counselling program.</p> <p>Community adult psychiatry program.</p> <p>Sex offender treatment program.</p>	No	No	No

<b>Saskatoon, SK S7K 0M7</b> (306) 655-8999				
Community Adult Recovery Services  314 Duchess St, <b>Saskatoon, SK S7K 0R1</b>  (306) 844-4200	Services for individuals who have significant changes in their quality of life due to deterioration of mental health and addiction issues.	No	No	No
Counselling Services  Register Social Worker – Della Yaroshko, 617 C Main St, <b>Saskatoon, SK S7H 0J8</b>  (306) 270-2458	Provides general counselling for individuals, couples and families on issues such as: - Substance use - Addictive behaviours - Stress management - PTSD - Depression and anxiety	No	No	Yes
Elizabeth Fry Society of Saskatchewan  1120 20th St W, <b>Saskatoon, SK S7M 0Y8</b>  (306) 934-4606	A peer mentor and staff member visit Pine Grove Correction Centre to provide in-person support and HIV education.	No	No	No
FASD Network of SK  510 Cynthia St, <b>Saskatoon, SK</b>  (306) 975-0884	Take home naloxone kits	Yes	No	Not Known
Hewgill's Rexall Drug Store  1530 20 <sup>th</sup> St W, <b>Saskatoon, SK</b>  (306) 652-6822	Take home naloxone kits	Yes	No	Not Known
Mayfair Drugs  504 33 <sup>rd</sup> St W, <b>Saskatoon, SK</b>  (306) 653-4357	Take home naloxone kits	Yes	No	Not Known
McLeod House	A transitional home providing a safe, secure	No	No	Not Known

101 Avenue T S, <b>Saskatoon, SK S7M 3A7</b>  (306) 975-9999	environment for men in addictions recovery and offers support services and programming for men post-treatment and recovery while helping them transition into independent living.			
Métis Nation – Saskatchewan, Mental Health and Addictions Program  201 – 208 19 <sup>th</sup> St W, <b>Saskatoon, SK S7M 5X8</b>  1-855-671-5638	Provides a toll-free line for help navigating mental health and addiction supports.	No	No	Not Known
Métis Addictions Council of Saskatchewan Inc. (Non-profit)  Saskatoon Treatment Center, 335 Ave G S, <b>Saskatoon, SK S7M 1V2</b>  (306) 652-8951 1-877-652-8951  <a href="mailto:saskatoon@macsi.ca">saskatoon@macsi.ca</a>	Day Program – a flexible, drop-in, harm reduction approach to recovery and well-being. - Individual counselling offered Monday to Friday mornings, while each afternoon from 1pm-4pm participants attend an education and supportive group workshops.	No	No	Not Known
People Living with AIDS Network of Saskatchewan  PLWA Drop-in Centre. 127 Avenue D N, <b>Saskatoon, SK</b>  (306) 373-7766	Weekly group meetings for all people living with HIV. Hospital visits, community visits, and one-on-one supports for all people living with HIV.	No	No	Yes
Prairie Harm Reduction  1516 20 <sup>th</sup> St W, <b>Saskatoon, SK S7M 0Z6</b>  (306) 242-5005	Safe sex supplies; Inhalation supplies; Safe consumption; STBBI testing; Support, education and/or referrals;	Yes	No	Not Known

<a href="mailto:operations@prairiehr.ca">operations@prairiehr.ca</a>	Naloxone pick up and delivery			
Primary Health Centre South East  100 – 2501 Louise St, <b>Saskatoon, SK S7J 3M1</b>  (306) 655-4552	Addiction services Mental health/holistic health services – may include: - Family support - Suicide prevention - Youth suicide services Public health services	No	Yes	Not Known
Rapid Access Addiction Medicine (RAAM)  St. Paul's Hospital, 1702 20 <sup>th</sup> St W, <b>Saskatoon, SK S7M 0Z9</b>  (306) 655-5754	Assessment Counselling Support Harm reduction	Yes	No	Not Known
The Retreat Home  485 1 <sup>st</sup> Ave N, <b>Saskatoon, SK S7K 1X5</b>  (306) 931-6644	Supports young women between the ages of 12-18 years old with high mental health and addictions needs.	No	No	Yes
Royal University Hospital  103 Hospital Dr, <b>Saskatoon, SK S7N 0W8</b>  (306) 655-1000	Addiction services Mental health services Public health services	No	No	Yes
Saskatoon City Hospital  701 Queen St, <b>Saskatoon, SK S7K 0M7</b>  (306) 655-8000	Addiction services Mental health services Public health services	No	No	Yes
Saskatoon Community Service Village  200-506 25 <sup>th</sup> St E, <b>Saskatoon, SK S7K 4A7</b>  (306) 244-7773	Addictions counselling; Emotional distress counselling	No	No	Yes
Saskatoon Tribal Council  1514 20 <sup>th</sup> St W, <b>Saskatoon, SK S7M 0Z6</b>	Needle exchange and distribution; STBBI testing; Inhalation supplies;	No	No	Not Known

(306) 956-6100 <a href="mailto:receptionist@sktc.sk.ca">receptionist@sktc.sk.ca</a>	Support, education and/or referrals			
SHARP (Saskatoon HIV/ AID Reduction Program)  200 – 335 Packham Ave, <b>Saskatoon, SK S7N 4S1</b>  (306) 956-0345	Addiction services; Needle exchange and distribution; Safe sex supplies; STBBI testing; Support, education and/or referrals	No	No	Not Known
SMART Recovery Meetings  320 – 21 <sup>st</sup> St W, <b>Saskatoon, SK S7M 4E6</b>  (306) 370-7647	A free self-help program for recovery from addictive behaviours operated through <a href="#">in-person</a> or <a href="#">online groups</a> . Support individuals who have chosen to abstain, or are considering abstinence from any type of addictive behaviour (substances or activities) by teaching how to change self-defeating thinking, emotions, and actions, and to work towards long-term satisfactions and quality of life. Not a twelve-step program. Based on cognitive or behavioral methods.	No	No	Not Known
Sexual Health Clinic  100-310 Idlywyld Dr N, <b>Saskatoon, SK S9L 0Z2</b>  (306) 655-4642	Needle exchange and distribution; Safe sex supplies; Inhalation supplies; STBBI testing; Support, education and/or referrals; Drop in clinic	No	No	Not Known
Street Health Van: Mobile Primary Health Centre  Access care at: West Side Community Clinic, 1528 20 <sup>th</sup> St W,	Needle exchange and distribution; Safe sex supplies; STBBI testing; Inhalation supplies; Support, education and/or referrals	Yes	No	Not Known

<b>Saskatoon, SK S7M 0Z6</b>  (306) 664-4310  Access Nurse Practitioner services at: White Buffalo Youth Lodge, 602 20 <sup>th</sup> St W, <b>Saskatoon, SK S7M 0X7</b>  (306) 664-4310  Access Health Bus Nurse Practitioner: Monday to Friday, 9am – 5pm  (306) 380-1000				
St. Paul's Hospital  1702 – 20 <sup>th</sup> St W, <b>Saskatoon, SK S7M 0Z9</b>  (306) 655-5000	Addiction services Mental health services Public health services	No	No	Yes
Youth Day Program  311 20 <sup>th</sup> St E, <b>Saskatoon, SK S7K 0A9</b>  (306) 655-4900	Educational programs; Social and life skill development; Recreation assessment; Family therapy	No	No	Yes

## 2.2 Prince Albert

### 2.2a Prince Albert: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Métis Addictions Council of Saskatchewan Inc. (Non-profit)  Prince Albert Treatment Centre, 334 19 <sup>th</sup> St E,	Inpatient Treatment – 28-day residential option for adults. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings,	No	No	Not Known

<b>Prince Albert, SK</b> S7M 1V2  (306) 953-8250 1-866-722-2155  <a href="mailto:princealbert@macsi.ca">princealbert@macsi.ca</a>	cultural teachings, recreational programming and more. Outpatient Treatment- a helpful approach for those in all stages of recovery as the counsellor can provide addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals.			
Pain Clinic - Prince Albert Co-operative Health Centre  110 8th St E, <b>Prince Albert SK</b> S6V 0V7  (306) 763-6464	Opioid agonist therapy	Yes	No	Not Known
Prince Albert Cornerstone Medical Clinic  100 Cornerstone (Inside Wal-Mart)  (306) 922-2002	Opioid agonist therapy	No	No	Not Known
Rapid Access Addiction Medicine (RAAM)  Access Place, 101 15 <sup>th</sup> St E, <b>Prince Albert, SK</b> S6V 1G1  (306) 765-6544	Medication - Treatment for opioid use disorder	Yes	No	Not Known
Sakwatamo Lodge Family Treatment Centre  Chief Joseph Custer Rsv #201, 2300 9th Ave W,	Alcohol and drug education; Cultural teaching and ceremonies; Family wellness; Individual and group counselling; Family counselling;	No	Yes	No

<b>Prince Albert, SK</b> S6V 6Z1  (306) 953-7200	Traditional crafts; Life skills development; Youth skill development; Childcare support			
Sexual Health Clinic  101 E 15th St, <b>Prince Albert, SK, S6V</b> 1G1  (306) 765-6544	Opioid agonist therapy	No	No	Not Known
White Buffalo Youth Inhalant Treatment Centre  Box 2500, <b>Prince Albert, SK</b> S6V 7G3  (306) 764-5250  <a href="mailto:outreach@wbtc.ca">outreach@wbtc.ca</a>	In-patient/residential treatment; Out-patient treatment; Concurrent disorders; Residential schools; On-the-land; Gender-based; Child counselling; Couples counselling; Prescription drug use	No	Yes	Yes

## 2.2b Prince Albert: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Addiction Services  101 15th St E, <b>Prince Albert, SK</b> S6V 6G1  (306) 765-6550	Addiction services Mental health services: - Family support - Suicide prevention - Youth suicide services - Addictions - Mental health therapists	Yes	No	Yes
Addiction and Mental Health Services  Victoria Square, 2345 10 <sup>th</sup> Ave W, <b>Prince Albert, SK</b> S0J 3H0  (306) 765-6053	Hospital based programming that provides diagnostic and treatment services for individuals.	No	No	Not Known
Al-Anon Family Groups		No	No	Not Known

<b>Prince Albert North AIS</b>  (306) 930-0993  <a href="http://sk-alanon.ca/includes/sk-alanon_index4.php">http://sk-alanon.ca/includes/sk-alanon_index4.php</a>				
<b>Aspire Too</b>  304-496 Marquis Rd, <b>Prince Albert, SK</b> S6V 8B3  (306) 382-2391	Offers addiction support services for individuals with addictions and their families/friends. - Support, education and/or referrals	No	No	Yes
<b>Assessment Services – Registered Psychologists: Hicks &amp; Jurgens</b>  4077 2 <sup>nd</sup> Ave W, <b>Prince Albert, SK</b> S6V 5R4  (306) 764-4999 ext 257	Provides assessment, diagnosis and treatment to individuals for mental health and addictions.	No	No	Not Known
<b>Catholic Family Services of Prince Albert</b>  1008 1 <sup>st</sup> Ave W, 3 <sup>rd</sup> Floor, <b>Prince Albert, SK</b> S6V 4Y4  (306) 922-3203	Provides counselling for individuals and families in a variety of areas: - Addictions - Trauma - Relationships - Depression and anxiety	No	No	Not Known
<b>Holistic Wellness Centre</b>  2300 10 <sup>th</sup> Ave W, Cottage 3 <b>Prince Albert, SK</b> S6V 6Z1  (306) 765-5305	Mental health and addictions services Inpatient/residential treatment Outpatient treatment Community outreach Youth initiatives Family based interventions	No	No	Yes
<b>Lake Country Co-op Pharmacy #2</b>	Take home naloxone kits	Yes	No	Not Known

110 8 <sup>th</sup> St E, <b>Prince Albert, SK</b>  (306) 953-6249				
Métis Addictions Council of Saskatchewan Inc. (Non-profit)  Prince Albert Treatment Centre, 334 19 <sup>th</sup> St E, <b>Prince Albert, SK</b> S7M 1V2  (306) 953-8250 1-866-722-2155  <a href="mailto:princealbert@macsi.ca">princealbert@macsi.ca</a>	Day Program – a flexible, drop-in, harm reduction approach to recovery and well-being. - Individual counselling offered Monday to Friday mornings, while each afternoon from 1pm-4pm	No	No	Not Known
Narcotics Anonymous Meetings  St. Alban's Church, 1410 Bishop McClean Cres, <b>Prince Albert, SK</b> S6V 4Z2  (306) 652-5216  OR  St. David's Anglican Church 500 24 <sup>th</sup> St E, <b>Prince Albert, SK</b> S6V 1S2  1-877-909-3636	Support group meetings which give Narcotics Anonymous members a place to share recovery with other addicts.	No	No	Not Known

Peter Ballantyne Cree Nation Health Services Inc.  2200 7 <sup>th</sup> Ave W, <b>Prince Albert, SK</b> S6V 5R7  (306) 953-4425	Addiction services	No	No	Not Known
Prince Albert Peer Project  Access Place - Sexual Health Clinic, #3 101-15th St E, <b>Prince Albert, SK</b>  (306) 960-4157	Harm reduction	No	No	Not Known
Rapid Access Addiction Medicine (RAAM)  Access Place, 101 15 <sup>th</sup> St E, <b>Prince Albert, SK</b> S6V 1G1  (306) 765-6544	Assessment Counselling Support Harm reduction	Yes	No	Not Known
Straight to the Point Harm Reduction Program  Access Place 101 15 <sup>th</sup> St E, <b>Prince Albert, SK</b> S6V 1G1  (306) 765-6533	Needle exchange and distribution Inhalation supplies Support, education and/or referrals	No	No	Not Known
Victoria Hospital  1200 24 <sup>th</sup> St W, <b>Prince Albert, SK</b> S6V 5T4  (306) 765-6000	Addiction services Mental health services Public health services	No	No	Not Known

## 2.3 North Battleford

### 2.3a North Battleford: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Battle River Treaty 6 Health Centre Inc  1192 101st St, <b>North Battleford, SK S9A 0Z6</b>  (306) 937-6840	Opioid agonist therapy	No	No	Not Known

### 2.3b North Battleford: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
AA Help Lines  North Battleford and Area Helpline  1-877-341-3322  <a href="https://aasask.org">https://aasask.org</a>		No	No	Not Known
Battlefords Sexual Health Clinic – Non-profit Organization  1192 101 St, North Battleford, SK <b>S9A 0Z6</b>  (306) 937-6846	Needle exchange and distribution Inhalation supplies Safe sex supplies STBBI testing Support, education and/or referrals	Yes	No	Not Known
BTCIH Youth Outreach  Box 1658, North Battleford, SK S9A 3W2  (306) 937-6700	Out-patient treatment Concurrent disorders Residential schools Child counselling Parent and child counselling Couples counselling Prescription drug use	No	Yes	Yes

<p>Child and Youth Mental Health and Addictions Services (Private)</p> <p>Don Ross Centre 891 - 99th St, <b>North Battleford, SK</b> S9A 0N8</p> <p>(306) 446-6555</p>	<p>Specializes in the treatment of mental health, substance, drug and alcohol use.</p>	No	No	Yes
<p>Mental Health and Addictions Services</p> <p>107 St, <b>North Battleford, SK</b> S9A 1Z1</p> <p>(306) 446-6500</p>	<p>Mental health services Inpatient/residential treatment Psychiatric rehabilitation services Mental health therapies Addiction services</p>	No	No	No
<p>Public Health Services</p> <p>Frontier Mall, Ste 101 11427 Railway Ave, <b>North Battleford, SK</b> S9A 3G8</p> <p>(306) 446-6400</p>	<p>Needle exchange and distribution Safe sex supplies Inhalation supplies Support, education and/or referrals Publicly funded vaccinations</p>	No	No	Not Known
<p>Residential Addictions Treatment</p> <p>Hopeview Residence, 1891 - 96<sup>th</sup> St, <b>North Battleford, SK</b> S9A 0J1</p> <p>(306) 446-7370</p>	<p>Offers counselling, education and relapse prevention in a safe and supportive environment. Life skills training allows clients to further develop and enhance the skills needed for successful recovery.</p>	No	No	Not Known

## 2.4 Lloydminster

### 2.4a Lloydminster: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Midwest Medical Clinic  101 - 4100 70 Ave, <b>Lloydminster AB</b> T9V 2X3  (780) 874-1077	Opioid agonist therapy	No	No	Not Known

### 2.4b Lloydminster: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
12 Self-Help Steps Program  Box 1742, <b>Lloydminster, SK</b> S9V 1M6  (780) 875-3571	Provides 12 self-help steps for individuals with recover and properly addresses their addictions and recover from alcoholism.	No	No	Not Known
Alcoholics Anonymous Meetings  Box 1742, <b>Lloydminster, SK</b> S9V 1M6  1-780-875-3571	Support groups of people sharing experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism are held throughout Saskatchewan.	No	No	Not Known
Lloydminster Mental Health and Addictions  3830 43 Ave, <b>Lloydminster, SK S9V 1Y3</b>  (306) 820-6250	Mental health Inpatient/residential treatment Psychiatric rehabilitation services Mental health therapists Psychiatric services Addiction services	Yes	No	Not Known

Lloydminster Mental Health and Addictions (2) – Medical Clinic  Prairie North Plaza, #1115- 4910 50 <sup>th</sup> St, <b>Lloydminster, SK S9V 0Y5</b>  (306) 820-5997	Needle exchange and distribution Safe sex supplies Inhalation supplies Support, education and/or referrals	Yes	No	Not Known
Lloydminster Native Friendship Centre  4602 49 <sup>th</sup> Ave, <b>Lloydminster, SK S9V 1K4</b>  (306) 825-6558  <a href="mailto:reception@lnfc.org">reception@lnfc.org</a>	Needle exchange and distribution Safe sex supplies Inhalation supplies Referrals	No	No	Not Known
Sober Living Program  Residents in Recovery Society 4804 50 <sup>th</sup> Ave, <b>Lloydminster, AB T9V 0W5</b>  1-877-201-3955	Provides a 12-week psycho-educational program aimed at educating participants in the area of mental health and addiction. Provides drop-in life skill development programming. Peer support groups.	No	No	Not Known

## 2.5 Rural and Remote Communities (list alphabetically by community)

### 2.5a Rural and Remote Communities: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Mental Health Services  1219 Main St, <b>Canora, SK S0A 0L0</b>  (306) 786-0558	Brief Therapy Individual Counselling Psycho-Educational or Treatment Groups Alcohol/Drug Withdrawal Management	No	No	Yes

1-888-989-8444	Mental Health First Aid Courses Recovery Services Mental Health Approved Homes Psychiatry (outpatient clinic and 15-bed inpatient unit)			
Cree Nation Treatment Haven  Box 340, <b>Canwood, SK S0J 0K0</b>  (306) 468-2072  <a href="mailto:cree.nations@sasktel.net">cree.nations@sasktel.net</a>	In-patient/residential treatment Out-patient treatment 35-day inpatient/residential program Opioid treatment program Matrix model program	No	Yes	No
Humboldt District Health Complex  Box 1930, 515 – 4 <sup>th</sup> Ave, <b>Humboldt, SK S0K 2A0</b>  (306) 682-5333	Outpatient treatment – for individuals who are seeking mental rehab or drug rehab, but who also stay at home every night. Treatment focus: - Alcoholism Mental health and substance use	No	No	Yes
Saulteaux Healing and Wellness Centre  Box 868, <b>Kamsack, SK S0A 1S0</b>  (306) 542-4110  <a href="mailto:shwc.reception-intake@sasktel.net">shwc.reception-intake@sasktel.net</a>	Provides a 42-day program and services for specialized addictions treatment such as alcohol, drugs, and/or inhalants. Program offers psychoeducational, therapeutic and recreational groups with individual follow-up based on client need. Goal is to reduce the risk of relapse while managing recovery through achieving healthy, balanced lifestyles. Equips with tools and strategies to help overcome addiction and past trauma from a First Nations perspective.	No	Yes	No
Dr Eshawesh Medical Corporation	Opioid agonist therapy	No	No	Not Known

1175 Queen St, <b>Melville SK</b>  (306) 728-2820				
Porcupine Plain Medical Clinic  207 Elm St, <b>Porcupine Plain, SK</b> S0E 1H0  (306) 278-2151	Opioid agonist therapy	No	No	Not Known
Rosthern Medical Clinic  6001 12th St, <b>Rosthern, SK</b>  (306) 232-4894	Opioid agonist therapy	No	No	Not Known
Dr. J.L. Spencer – Addiction and Mental Health Services  Unit 100, <b>Shellbrook, SK S0J</b> 2E0  (306) 747-4274	Brief withdrawal management	No	No	Yes
Prairie Sky Recovery Centre Inc.  Box 535, <b>Wilkie, SK S0K 4W0</b>  1-888-519-4445  prairieskyrecovery.ca	Recovery 8 – Addiction treatment and life skills program. - This program consists of supervised and withdrawal management (social detox) when needed with pre- program preparedness, 5 weeks group therapy, 3 weeks of Life Skills therapy and aftercare supports. - Patients may be in residence between 8 to 10 weeks. Recovery 5 – Comprehensive Program - Cornerstone residential placement program.	No	No	Not Known

	<ul style="list-style-type: none"> <li>- This is a three-phase program consisting of supervised and withdrawal management (social detox) when needed, pre-program preparedness, 5 weeks of group therapy and aftercare supports.</li> </ul> <p>Recovery 2 – Relapse Prevention (Safety) Program</p> <ul style="list-style-type: none"> <li>- 2 week residential in-reach program.</li> <li>- Focuses on safety planning, relapse prevention and recovery.</li> </ul> <p>Recovery 4 – Family Care Enhancement Program</p> <ul style="list-style-type: none"> <li>- Concentrated 3-to-4-day program for significant others of those suffering from the disease of addiction.</li> </ul>			
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### 2.5b Rural and Remote Communities: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Ahtahkakoop Health Centre PO Box 64 Mont Nebo <b>Ahtahkakoop First Nation, SK S0J 1X0</b>  (306) 468-2747 <b>1-800-807-6072</b>	Mental health counselling Addiction outreach Needle exchange/distribution Safe sex supplies STBBI testing Support, education and/or referrals	No	No	Not Known
Big River Health Centre  Box 100, 220 – 1 <sup>st</sup> Ave N, <b>Big River, SK S0J 0E0</b>  (306) 496-2220	Addictions services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> <li>- Addictions</li> </ul> Public health services	No	Yes	Yes

<p>Heartland Health Region Centralized Intake</p> <p>For Biggar Residents: Biggar Hospital, 501 1<sup>st</sup> Ave W, <b>Biggar, SK S0K 0M0</b></p> <p>1-866-268-9139</p>	<p>Counselling to adults, families and groups that are experiencing significant distress or dysfunction related to mental disorder, depression, stress resulting from issues in daily living.</p>	Yes	No	No
<p>Addiction Services: Birch Hills Health Facility</p> <p>3 Wilson St, <b>Birch Hills, SK</b> S0J 0G0</p> <p>(306) 749-3302</p>	<p>Addiction services Mental health/ holistic services may include</p> <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> <li>- Addictions</li> </ul> <p>Mental health therapists</p>	No	Yes	Yes
<p>Al-Anon Family Groups</p> <p>Blaine Lake Library, 103 Railway Ave, <b>Blaine Lake, SK S0J</b> 0J0</p>	<p>A fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.</p>	No	No	Not Known
<p>Addiction: Adult Services</p> <p>1219 Main St, <b>Canora, SK S0A 0L0</b></p> <p>(306) 786-0558 1-888-989-8444</p>	<p>Provides counseling and support to adults with alcohol and/or drug-related problems and to their family members. Services include:</p> <ul style="list-style-type: none"> <li>- Assessments: helps determine how individual's alcohol and/or drug use (or someone else's use) may be causing problems, and what solutions are available.</li> <li>- Free Individual and Group Counselling for: <ul style="list-style-type: none"> <li>o Adults seeking help for their own alcohol and or other drug related problems</li> <li>o Adults who are affected by a family member's substance use.</li> </ul> </li> </ul>	No	No	No

Addiction: Youth and Family Services  1219 Main St, <b>Canora, SK S0A 0L0</b>  (306) 786-0558 1-888-989-8444	Provides support services to youth who are experiencing problems with their use of alcohol and/or other drugs and to parents/family members who may be concerned about someone else's use of alcohol and/or other drugs. Services include: - Individual and Group Counselling - Alcohol and Drug Assessments - Referral Services - Recovery Planning - Relapse Prevention Counselling - Intervention Programs	No	No	Yes
Big River First Nation Health Centre  Box 160, <b>Debden, SK S0J 0S0</b>  (306) 724-4664	Addictions services Mental health/ holistic services may include - Family support - Suicide prevention - Youth suicide services - Addictions Public health services	No	Yes	Yes
Willow Cree Health Station  Box 96, <b>Duck Lake, SK S0K 1J0</b>  (306) 467-4402	Addiction services Mental health/ holistic services may include - Family support - Suicide prevention Addictions	No	Yes	Yes
Hafford Special Care Centre  213 South Ave E, <b>Hafford, SK S0J 1A0</b>  (306) 549-2108	Addiction services Mental health/ holistic services may include - Family support - Suicide prevention - Youth suicide services Addictions	No	Yes	Yes
Hudson Bay Hospital  Box 940, 614 Prince St, <b>Hudson Bay, SK S0E 0Y0</b>	Outpatient rehabilitation services, long term care. Therapy for victims of abuse. Child and youth services. Behavior management counselling.	No	No	Yes

(306) 865-2219	Therapy for stress, anxiety, depression, phobia. Outpatient counselling to individuals involved in substance use and others affected by their usage. SGI screening. Problem gambling counselling. Education and prevention programs, presentations, workshops, print and video resources, promotional items.			
Humboldt Addiction Services  640 B 10 <sup>th</sup> St, <b>Humboldt, SK</b> S0K 2A0  (306) 682-3249	Addiction services	No	No	Not Known
New Beginnings Outreach Centre  537 1 <sup>st</sup> St, <b>Kamsack, SK</b> S0A 1S0  (306) 542-3315	Mental health therapist Needle exchange and distribution STBBI testing Support, education and/or referrals	No	No	Yes
Stepping Stones Wellness Clinic  341 Steward St, <b>Kamsack, SK</b> S0A 1S0  (306) 542-1968	Needle exchange/distribution Safe sex supplies Inhalation supplies STBBI testing Support, education and/or referrals Publicly funded vaccination	Yes	No	Not Known
Kelvington Hospital  512 - 1 <sup>st</sup> Ave S, <b>Kelvington, SK</b> S0A 1W0  (306) 327-4711	Addiction services Mental health therapists Public health services	No	No	Not Known
Kindersley and District Health Centre  1003 1st St W,	Addictions Child and youth counsellor Mental health counselling Youth outreach	Yes	No	Yes

<b>Kindersley, SK</b> S0L 1S0  (306) 463-1000				
Lanigan Integrated Hospital  Box 60, 36 Downing St E, <b>Lanigan, SK</b> S0K 2M0 (306) 365-3400	Case management Mental health promotion and education services Family counselling Individual, family and group counselling/therapy Community development Community collaboration	No	No	Yes
Pelican Lake (Chitek) Health Centre  Box 361, <b>Leoville, SK</b> S0J 1N0 (306) 984-4716	Addiction services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul> Addictions	No	Yes	Yes
Maidstone Health Complex  214-5th Ave E, <b>Maidstone, SK</b> S0M 1M0 (306) 893-2622	Needle exchange and distribution Safe sex supplies	No	No	Not Known
Medicine Shoppe Pharmacy #364  #5 – 301 Centennial Dr N, <b>Martensville, SK</b> S0K 2T0 (306) 955-1055	Take home naloxone kits	Yes	No	Not Known
Mental Health and Addiction Services, Melfort Hospital  510 Broadway Ave, <b>Melfort, SK</b> S0E 1A0 (306) 235-5822	Mental health services Addiction services: <ul style="list-style-type: none"> <li>- Outpatient treatment</li> <li>- Support, education and/or referrals</li> </ul>	Yes	No	Yes
Pharmasave #428  410 Main Street,	Take home naloxone kits	Yes	No	Not Known

<b>Melfort, SK</b> (306) 752-2858				
Saul Cohen Centre  Box 164 200 Heritage Dr, <b>Melville, SK S0A 2P0</b>  (306) 728-7320	Provide community education, prevention and intervention services upon request.	No	No	Yes
Muskoday Health Centre  Box 40, <b>Muskoday, SK</b> S0J 3H0  (306) 764-6737	Addiction services HIV support	No	No	Not Known
Mental Health and Addictions Services - Nipawin Hospital  Box 389, 800 - 6th St E, <b>Nipawin, SK S0E 1E0</b>  (306) 862-9822	Outpatient treatment services Therapy for victims of abuse Child and youth services Behavior management counselling Therapy for stress, anxiety, depression, phobia Psychological assessment Crisis service Education information provided	Yes	No	Yes
Davis Rexall Drugs  110 1 <sup>st</sup> Ave W, <b>Nipawin, SK S0E 1E0</b>  (306) 862-3141	Take home naloxone	Yes	No	Not Known
Outlook Health Centre  500 Semple St, <b>Outlook, SK S0L 2N0</b>  (306) 867-8676	Addictions Mental health counselling Youth outreach Child and youth counsellor	Yes	No	Yes
Big Island Lake Health Centre  Box 508,	Addictions services Mental health/ holistic services may include - Family support - Suicide prevention	No	Yes	Yes

<b>Pierceland, SK S0M 2K0</b>  (306) 839-2330	<ul style="list-style-type: none"> <li>- Youth suicide services</li> <li>- Addictions</li> </ul>			
Yellow Quill First Nations Health Centre  Yellow Quill First Nation, <b>Rose Valley, SK S0E 1M0</b>  (306) 322-2041	Needle exchange/distribution Safe sex supplies STBBI testing Publicly funded vaccination	Yes	No	Not Known
Rosetown Health Centre  Box 850, 409 - Highway 4 <b>Rosetown, SK S0L 2V0</b>  (306) 882-2672	Addictions Child and youth counsellor Mental health counselling	Yes	No	Yes
Rosthern Community Services  2014 - 6th St, <b>Rosthern, SK S0K 3R0</b>  (306) 232-6001	Offers services to rural residents experiencing mental health, substance use and problem gambling issues.	No	No	Yes
Rosthern Pharmacy  1014 6 <sup>th</sup> St, <b>Rosthern, SK</b>  (306) 232-4388	Take home naloxone kits	Yes	No	Not Known
Dr. J.L. Spencer - Addiction and Mental Health Services  Unit 100, <b>Shellbrook, SK S0J 2E0</b>  (306) 747-4274	Outpatient treatment Support, education and/or referrals Screening, assessment, counselling, treatment planning	No	No	Yes

Shellbrook Hospital: Addiction Services  Box 70, 211 2nd Ave W, <b>Shellbrook, SK S0J</b> 2E0  (306) 747-2603	Addiction services Mental health therapies	No	No	Yes
Spiritwood Health Complex  401 1st St E, <b>Spiritwood, SK</b> S0J 2M0  (306) 883-3344	Screening, assessment, counselling, treatment planning, support and follow up counselling. Referrals to inpatient, self-help, and other community resources. Education, support and counselling for people affected by someone's else's addiction.	No	No	Yes
One Arrow Health Centre  Box 147, <b>St. Isidore de</b> <b>Bellevue, SK S0K 3Y0</b>  (306) 423-5493	Addiction services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> </ul> Addictions	No	Yes	Yes
Sturgeon Lake Health Centre  Comp 5, Site 12, RR1, <b>Sturgeon Lake, SK</b> S0J 2E0  (306) 764-9352	Addiction services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> <li>- Addictions</li> </ul> Public health services	No	Yes	Yes
Sturgeon Landing Health Centre  <b>Sturgeon Landing,</b> <b>SK S0P 0H0</b>  (306) 688-4510	Addiction services	No	No	Not Known
Kinistin Wellness Centre  Box 2590, <b>Tisdale, SK S0E 1T0</b>	Addiction services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> </ul>	No	Yes	Yes

(306) 878-8181	<ul style="list-style-type: none"> <li>- Youth suicide services</li> <li>- Addictions</li> </ul>			
Tisdale Hospital  Box 1630, 2010-110th Ave W, <b>Tisdale, SK S0E 1T0</b>  (306) 752-8676	Outpatient treatment Child and youth services Therapy for stress, anxiety, depression, phobia Psychological assessment Education information provided Outpatient counseling to individuals involved in substance use and others affected by their usage. Problem gambling counselling Education and prevention programs	Yes	No	Yes
Thunderchild Health Centre  Box 744, <b>Turtleford, SK S0M 2Y0</b>  (306) 845-4330	Addiction services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Youth suicide services</li> <li>- Addictions</li> </ul> Public health services	No	Yes	Yes
Unity and District Health Centre  Box 741, Airport Road, <b>Unity, SK S0K 4L0</b>  (306) 228-2666	Addictions Child and youth counsellor Mental health counselling	Yes	No	Yes
Wadena Integrated Hospital  533 - 5th St NE, <b>Wadena, SK S0A 4J0</b>  (306) 682-5333	Case management Mental health promotion and education services Family counselling Individual, family and group counselling/therapy Community development Community collaboration	No	No	Yes
Wahpeton Health Centre  Box 128, <b>Wahpeton, SK S6V 5R4</b>	Addiction services Mental health/ holistic services may include <ul style="list-style-type: none"> <li>- Family support</li> <li>- Suicide prevention</li> <li>- Addictions</li> </ul>	No	Yes	Yes

(306) 922-6772				
Wakaw Hospital 301 1st St N, <b>Wakaw, SK S0K 4P0</b> (306) 233-4020	Case management Mental health promotion and education services Family counselling Individual, family and group counselling/therapy Community development Community collaboration	No	No	Yes
Wakaw Pharmacy 134 1 <sup>st</sup> Street South, <b>Wakaw, SK</b> (306) 233-4661	Take home naloxone kits	Yes	No	Not Known
Watrous Hospital 704 4th St E, <b>Watrous, SK S0K 4T0</b> (306) 365-3400	Case management Mental health promotion and education services Family counselling Individual, family and group counselling/therapy Community development Community collaboration	No	No	Yes
Wynard Hospital/Golden Acres 300 - 10th St E, <b>Wynard, SK S0A 4T0</b> (306) 365-3400	Case management Mental health promotion and education services Family counselling Individual, family and group counselling/therapy Community development Community collaboration	No	No	Yes

# **Section 3: Southern Saskatchewan**

- 3.1 Regina**
- 3.2 Moose Jaw**
- 3.3 Yorkton**
- 3.4 Swift Current**
- 3.5 Rural and Remote Communities**

### 3.1 Regina

#### 3.1a Regina: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Albert Street Family Medical  357 Albert St, <b>Regina, SK S4R 2N6</b>  (306) 949-8840	Opioid agonist therapy	No	No	Not Known
Avon Medical Clinic  2781 Avonhurst Dr, <b>Regina, SK S4R 5R4</b>  (306) 559-5494	Opioid agonist therapy	No	No	Not Known
Brief and Withdrawal Management (Social Detoxification) Services  1640 Victoria Ave, <b>Regina, SK S4P 0P7</b>  (306) 766-6600	20 bed brief withdrawal management area provides a safe, controlled environment for individuals who are under the influence and allows patients time to rest and recover from the effects of intoxication or drug use. 25 bed withdrawal management (social detox) area provides an opportunity to further stabilize in their abstinence from alcohol and drugs. Average length of stay is 5-7 days.	Yes	No	No
Elphinstone Medical Clinic  1957 Elphinstone St, <b>Regina, SK S4T 3N3</b>  (306) 757-9701	Opioid agonist therapy	No	No	Not Known
Gardiner Park Medical Clinic	Opioid agonist therapy	No	No	Not Known

1380 23 Ave, <b>Regina, SK S4S 3S5</b>  (306) 789-0616				
Harm Reduction Methadone Clinic  1048 Albert St., <b>Regina, SK S4R 2P8</b>  (306) 766-6350	Harm reduction program for people with lived/living experience that also includes a recovery option.	Yes	No	Not Known
Integrated Wellness & Health Balance Center  2318 9th Ave N, <b>Regina, SK S4R 8C5</b>  (306) 757- 7107	Opioid agonist therapy	No	No	Not Known
Meadow Primary Health Care Centre  4006 Dewdney Ave, <b>Regina SK S4T 1A2</b>  (306) 766-6399	Opioid agonist therapy	Yes	No	Not Known
Métis Addictions Council of Saskatchewan Inc. – Regina Treatment Centre (Non-profit)  329 College Ave E, <b>Regina, SK S4N 0V9</b>  (306) 522-3681  <a href="mailto:regina@macsi.ca">regina@macsi.ca</a>	Inpatient Treatment – 28-day residential option for adults. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings, cultural teachings, recreational programming and more.  Outpatient Treatment– a helpful approach for those in all stages of recovery as the counsellor can provide addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals.	No	No	Not Known
Northgate Medical Centre	Opioid agonist therapy	No	No	Not Known

2711 Avonhurst Dr, <b>Regina SK S4R 3J3</b>  (306) 543-4566				
Oxford Clinic  4140 Dewdney Ave, <b>Regina SK S4T 1A3</b>  (306) 992-0707	Opioid agonist therapy	No	No	Not Known
Oxford House Saskatchewan (Private)  1307 Ottawa St, <b>Regina, SK S4R 1P3</b>  (306) 570-5709	Provides safe, third stage transitional housing for adult males and females recovering from addictions.  <ul style="list-style-type: none"> <li>• A self-run, self-supported recovery house concept and system of operation for individuals recovering from alcoholism and drug addictions.</li> <li>• A recovering individual can live in an Oxford House for as long as he or she does not drink alcohol, does not use drugs, and pays an equal share of the house expenses. The average stay is about a year, but residents can stay longer.</li> </ul> Target populations include individuals who are recovering from addiction(s), preferably those who have been in treatment within the past year.	No	No	No
Park Plaza Medical Centre  2036 Park St, <b>Regina, SK S4N 2G6</b>  (306) 757-0101	Opioid agonist therapy	No	No	Not Known
Parliament Methadone Clinic Regina (Private)  2637 Dewdney Ave,	Specializes in the treatment of substance, drug and alcohol use.	Yes	No	Yes

<b>Regina, SK S4T 0X4</b> (306) 546-5711	Opioid agonist therapy Take home naloxone kits			
Pasqua Hospital 4101 Dewdney Ave, <b>Regina, SK, S4T1A5</b> (306) 766-2440	Opioid agonist therapy	No	No	Not Known
Rapid Access Addiction Medicine (RAAM) 1056 Albert St, <b>Regina SK, S4R 2P8</b> (306) 766-6350	Medication - Treatment for opioid use disorder	Yes	No	Not Known
Regina Centre Crossing, Family Medicine Unit 172 - 1621 Albert St, <b>Regina, SK S4P 2S5</b> (306) 766-0444	Opioid agonist therapy	No	No	Not Known
Regina Recovery Centre: Methadone Clinic 2635 Dewdney Ave, <b>Regina, SK S4T 0X4</b> (306) 546-5711	Provides methadone services	No	No	Not Known
Rochdale Crossing Medical Clinic 5875 Rochdale Blvd, <b>Regina, SK S4X 2P9</b> (306) 205-8020	Opioid agonist therapy	No	No	Not Known
Secure Youth Detoxification Centre 1640 Victoria Ave, <b>Regina, SK S4P 0P7</b>	Clinical, consultative and referral services to individuals and families. Developing community safety plans and provide	Yes	No	Yes

(306) 766-6600	contemporary care services to youth after discharge.			
Susan Ulmer Addiction Services  2152 Rose Street, <b>Regina, SK S4P 2A4</b>  (306) 522-5544  susanulmercounselling@sasktel.net	Patient must be at least 7 days sober** Outpatient treatment Relapse prevention program Addiction counselling services	No	No	Not Known
Turning Leaf – Residential Support Program  100 – 845 Broad Street, <b>Regina, SK S4R 8G9</b>  (306) 596-9978	Offers a 24 hour supported living environment providing, in facility, person-centered treatment and supports to adults and individuals transitioning to adulthood, who are living with intellectual challenge and/or mental illness.	No	No	Not Known
Warehouse District Medical Clinic  1230 St John St, <b>Regina, SK, S4R 1R9</b>  (306) 352-2299	Opioid agonist therapy	No	No	Not Known

### 3.1b Regina: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
AA Help Lines  Regina Intergroup 24 Hour Helpline  (306) 545-9300  <a href="https://aasask.org">https://aasask.org</a>		No	No	Not Known
AIDS Programs South Saskatchewan (APSS)  1325 Albert St, <b>Regina, SK</b>	Needle exchange and distribution STBBI testing Support groups Referrals	Yes	No	Not Known

(306) 924-8240				
Al-Anon Family Groups  District 6 – <b>Regina and Area</b>  (306) 522-7500  <a href="http://sk-alanon.ca/includes/sk-alanon_index4.php">http://sk-alanon.ca/includes/sk-alanon_index4.php</a>	A fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.	No	No	Not Known
Southern Saskatchewan Area of Narcotics Anonymous  PO Box 3563, 2200 Saskatchewan Dr, <b>Regina, SK S4P 3L7</b>  (306) 757-6600  <a href="https://www.southsas-kna.org">https://www.southsas-kna.org</a>		No	No	Not Known
Addiction Services: Aboriginal Problem Gambling Services  Randall Kinship Centre, 1680 Albert St, <b>Regina, SK S4P 2S6</b>  (306) 766-7580	Offers a range of services including assessments, referrals, treatment programs, and counselling services for individuals, families, and groups. <ul style="list-style-type: none"> <li>• Services, provided by an Aboriginal Counsellor, use the concept of the Medicine Wheel, to deal with four major aspects of a person's life: mind, body, emotion, and spirit.</li> <li>• Elders are made available on request and at times attend groups</li> </ul>	No	No	Not Known
Carmichael Outreach  1510 12 <sup>th</sup> Ave, <b>Regina, SK</b>  (306) 531-7673	Harm reduction and health focus Housing support program Food security program Children's needs programs	Yes	No	Yes

<p>Child and Youth Addiction Services</p> <p>1680 Albert St, <b>Regina, SK S4P 2S6</b></p> <p>(306) 766-6700</p>	<p>2 inpatient mental health units</p> <p>Address the unique mental health needs of children and youth, including their families.</p> <p>Children services program</p> <p>Youth services program</p> <p>Young offender service program</p> <p>Adolescent psychiatry unit</p> <p>Suicide awareness and prevention program</p>	No	No	Yes
<p>Crystal Clear Support Group</p> <p>3355 6<sup>th</sup> Ave, <b>Regina, SK S4T 3H7</b></p> <p>(306) 337-1994</p>	<p>A 12-step program for crystal meth users, former users, and sponsors. Offers one-on-one addiction support, addiction awareness facilitation, outreach/sponsorship and group support.</p>	No	No	Not Known
<p>Four Directions Community Health Centre</p> <p>1504 Albert St <b>Regina, SK S4P 2S4</b></p> <p>(306) 766-7540</p>	<p>Addiction services</p> <p>Take home naloxone kits</p> <p>Addiction recovery group</p>	Yes	No	Yes
<p>Medicine Shoppe #355</p> <p>3934 Dewdney Ave, <b>Regina, SK</b></p> <p>(306) 522-5300</p>	<p>Pharmacy- take home naloxone kits</p>	Yes	No	Not Known
<p>Mental Health: Inpatient Mental Health Services</p> <p>1440 14<sup>th</sup> Ave, <b>Regina, SK S4P 0W5</b></p> <p>(306) 766-4321</p>	<p>Adult inpatient mental health</p> <p>Mental health day program</p> <p>Adult supportive therapies</p> <p>Recovery support program</p> <p>Outpatient programs</p> <p>Emergency department mental health services</p>	No	No	No
<p>Métis Addictions Council of Saskatchewan Inc. – Regina Treatment Centre (Non-profit)</p>	<p>Day Program – a flexible, drop-in, harm reduction approach to recovery and well-being.</p>	No	NK	Not Known

329 College Ave E, <b>Regina, SK</b> , S4N 0V9  (306) 522-3681 <a href="mailto:regina@macsi.ca">regina@macsi.ca</a>	- Individual counselling offered Monday to Friday mornings, while each afternoon from 1pm-4pm participants attend an education and supportive group workshops			
Nēwo Yōtina Friendship Centre  1635 11 <sup>th</sup> Ave, <b>Regina, SK</b> S4P 0H5  (306) 525-5042	Overdose prevention site Support services and referrals	Yes	No	Not Known
Rapid Access Addiction Medicine (RAAM)  1056 Albert St, <b>Regina, SK</b> , S4R 2P8  (306) 766-6350	Assessment Counselling Medication Support Harm reduction	Yes	No	Not Known
Regina Drug Treatment Court  2024 B Albert St, <b>Regina, SK</b>  (306) 766-6300	Take home naloxone kits	Yes	No	Not Known
Regina Peer-to-Peer Program  Peer Program Coordinator, Population and Public Health, Communicable Disease/Sexual Health Program 2110 Hamilton St, <b>Regina, SK</b>  (306) 766-6857	A mentorship program where peer mentors living with HIV provide ongoing support to mentees who are living with HIV.	No	No	Not Known
Regina Peer Outreach Services	Drop-in services lead by peer mentors for all people living with HIV.	No	No	Not Known

<p>Primary Health Care Clinic, 1056 Albert St, <b>Regina, SK</b></p> <p>OR</p> <p>AIDS Program South Saskatchewan, 1325 Albert St, <b>Regina, SK</b></p> <p>OR</p> <p>United Way of Regina, 1440 Scarth Street, <b>Regina SK</b></p>				
<p>Regina Street Project Van</p> <p>Address and Hours of Operation: The Street Project van is on Regina streets Monday to Friday most afternoons and evenings.</p> <p>(306) 766-7799</p> <p>Needle Exchange Services Locations: Carmichael Outreach 125 Osler St, <b>Regina, SK</b></p> <p>Sexual Health Clinic 2110 Hamilton St, <b>Regina, SK</b></p> <p>AIDS Programs South Saskatchewan 1325 Albert St, <b>Regina SK</b></p>	<p>Needle exchange/ distribution</p> <p>Safe sex supplies</p> <p>Inhalation supplies</p> <p>STBBI testing</p>	Yes	No	Not Known
Regina Sexual Health Clinic	<p>Needle exchange/ distribution</p> <p>Safe sex supplies</p>	Yes	No	Not Known

2110 Hamilton St, <b>Regina, SK</b>  (306) 766-7788	Inhalation supplies STBBI testing Support, education and/or referrals Publicly funded vaccinations			
Saskatchewan Problem Gambling Helpline  Mobile Crisis Services Inc., 1646 11 <sup>th</sup> Avenue, <b>Regina, SK S4P 0H4</b>  1-800-306-6789	Offers a free and confidential problem gambling helpline available to anyone impacted by problem gambling.	No	No	No
Shoppers Drug Mart #422  2202 Broad St, <b>Regina, SK</b>  (306) 777-8166	Take home naloxone kits	Yes	No	Not Known
Specialty Health Clinic  1042 Albert Street, <b>Regina, SK</b>  (306) 525-1200	Take home naloxone kits	Yes	No	Not Known
Sojonky Counselling Services  3018 Doan Dr, <b>Regina, SK S4V 1M1</b>  (306) 737-6533	Provides counselling for individuals, families, and groups on mental health issues such as addictions.	No	No	Not Known
Street Workers Advocacy Project  1375 Albert Street, <b>Regina, SK S4R 2R6</b>  (306) 525-1722	Programs focusing on harm reduction, engagement and crisis support.	Yes	No	Yes
Susan Ulmer Addiction Services  2152 Rose Street, <b>Regina, SK S4P 2A4</b>	Patient must be at least 7 days sober** Outpatient treatment Relapse prevention program Addiction counselling services	No	No	Not Known

(306) 522-5544 susanulmercounselling@sasktel.net				
The Street Culture Project  2839 Victoria Ave, <b>Regina, SK S4T 1K6</b>  (306) 565-6206	Take home naloxone kits	Yes	No	Yes
Vital Care  110-1550 14 <sup>th</sup> Ave, <b>Regina, SK</b>  (306) 586-3001	Pharmacy – take home naloxone	Yes	No	Not Known

## 3.2 Moose Jaw

### 3.2a Moose Jaw: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Adult Clinical Services: Group Services  55 Diefenbaker Dr, <b>Moose Jaw, SK</b> S6J 0C2  (306) 691-6464	Information and treatment on anxiety management Depression management Active recovery for addictions, gambling and codependency Making healthy choices and lifestyles Coping with stress Family education and support	No	No	No
Alliance Health  890A W Lillooet St, <b>Moose Jaw, SK,</b> S6H 8B4  (306) 691-0030	Opioid agonist therapy	No	No	Not Known
Crescent View Clinic	Methadone clinic	Yes	No	Not Known

131 - 1st Avenue NE, <b>Moose Jaw, SK</b> S6H 0Y8  (306) 691-2040	Withdrawal management and treatment medical reviews			
Hillcrest Health  15 Thatcher Dr E, <b>Moose Jaw, SK</b> S6J 1L8  (306) 692-0200	Opioid agonist therapy	No	No	Not Known
Kliniek On Main  351 N Main St, <b>Moose Jaw, SK,</b> S6H 0W2  (306) 694-1440	Opioid agonist therapy	No	No	Not Known
Mental Health and Addictions: Residential Opportunities  Wakamow Place, 250 Manitoba St E, <b>Moose Jaw, SK</b> S6H 0A5  (306) 691-6478	A supervised facility for individuals with mental health issues who require intensive training in independent living skills.  • Includes four spaces for intensive needs, two spaces for transitional needs, and 12 spaces for occasional support needs.	No	No	Not Known
Mental Health and Addiction Services: Adult Clinical Services  Dr. F.H. Wigmore Regional Hospital, 55 Diefenbaker Dr, <b>Moose Jaw, SK</b> S6J 0C2  (306) 691-6473	Inpatient unit, with a 12-bed acute psychiatric unit. Average length of stay on the unit is about 11 days. Discharge is part of a process that involved the entire treatment team and any other resources. *Admission is arranged by a psychiatrist.	Yes	No	No
Mental Health and Addiction Services:	Provides assessments and a range of mental health and addictions treatment	Yes	No	Yes

<p>Adult Clinical Services</p> <p>Dr. F.H. Wigmore Regional Hospital, 55 Diefenbaker Dr, <b>Moose Jaw, SK</b> S6J 0C2</p> <p>(306) 691-6464</p>	<p>interventions to children and youth whose ability to function day to day is significantly impacted by their level of mental health and/or addictions issues.</p> <ul style="list-style-type: none"> <li>• Requests for service may include depression, substance abuse, anxiety, eating disorders, family difficulties, abuse, and grief.</li> </ul> <p>Treatment options may include individual, family, or group service.</p>			
<p>Wakamow Manor Detox</p> <p>200 Iroquois St E, <b>Moose Jaw, SK</b> S6H 4T3</p> <p>(306) 694-4030</p>	<p>Safe withdrawal management Compassionate care Healthy meals Psycho-educational sessions</p>	No	No	Not Known

### 3.2b Moose Jaw: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
<p>AA Help Lines</p> <p><b>Moose Jaw and Area</b> Helpline</p> <p>(306) 693-6888</p> <p><a href="https://aasask.org">https://aasask.org</a></p>		No	No	Not Known
<p>Al-Anon Family Groups</p> <p><b>District 5 - Moose Jaw and Area</b></p> <p>(306) 691-5811</p>		No	No	Not Known

<a href="http://sk-alanon.ca/includes/sk-alanon_index4.php">http://sk-alanon.ca/includes/sk-alanon_index4.php</a>				
Adult Clinical Services: Group Services  55 Diefenbaker Dr, <b>Moose Jaw, SK</b> S6J 0C2  (306) 691-6464	Information and treatment on anxiety management Depression management Active recovery for addictions, gambling and codependency Making healthy choices and lifestyles Coping with stress Family education and support	No	No	No
Crescent View Clinic  131 - 1st Ave NE, <b>Moose Jaw, SK</b> S6H 0Y8  (306) 691-2040	Needle exchange/distribution Safe sex supplies Inhalation supplies STBBI testing Support, education and/or referrals	Yes	No	Not Known
Counselling Services: Beacon Counselling Group  211 - 310 Main St N, <b>Moose Jaw, SK</b> S6H 3K1  (306) 692-9737	Provides counselling for individuals, couples, and families in need of mental health support on issues such as: <ul style="list-style-type: none"> <li>- Addictions</li> <li>- Stress management</li> </ul>	No	No	Not Known
Mental Health and Addictions- Child and Youth Services  1000B Albert St, <b>Moose Jaw, SK</b>  (306) 691-2300	Family centered services for children, youth and families experiencing mental and/or addiction issues.	No	No	Yes
Mental Health and Addictions: Child and Youth Services / Early Social Skills Program  679 Hall St, <b>Moose Jaw, SK</b> S6H 2S1	Provides prevention and intervention education to children ages three to five years and their families. Teaches social skills to children in order to promote socially acceptable behavior.	No	No	Yes

(306) 630-8411				
Narcotics Anonymous Meetings  New Life Centre, 916 Brown St, <b>Moose Jaw, SK</b> S6H 2Z2  (306) 757-6600	Support group meetings which give Narcotics Anonymous members a place to share recovery with other addicts.	No	No	Not Known

### 3.3 Yorkton

#### 3.3a Yorkton: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
City Medical Centre - Walk in Clinic  398 Broadway St W, <b>Yorkton, SK S3N 0P1</b>  (306) 782-1122	Opioid agonist therapy	No	No	Not Known
Sunrise Health & Wellness Centre  259 Hamilton Rd, <b>Yorkton, SK S3N 4C6</b>  (306) 786-6363	Opioid agonist therapy	No	No	Not Known
Swan N T Dr  32 Smith St W, <b>Yorkton, SK S3N 3X5</b>  (306) 783-7926	Opioid agonist therapy	No	No	Not Known
Yorkton Region Health Centre  270 Bradbrooke Dr., <b>Yorkton, SK S3N 2K6</b>	Brief Therapy (one-three sessions for sudden and intense stress related to a specific cause) Individual Counselling (one-six sessions)	Yes	No	Yes

(306) 786-0558	Psycho-Educational or Treatment Groups Alcohol/Drug Withdrawal management (information, groups, links to resources, Naloxone kits, needle exchange program) Mental Health First Aid Courses Recovery Services (for individuals requiring ongoing support and life skills training) Mental Health Approved Homes (residence and assistance to people living with long term mental illness) Psychiatry (outpatient clinic and 15-bed inpatient unit).			
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### 3.3b Yorkton: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Addiction Services  270 Bradbrooke Dr., <b>Yorkton, SK S3N 2K6</b>  (306) 786-0558	Individual and group counselling Alcohol and drug assessments Referral services Recovery planning Relapse prevention counselling Intervention programs	No	No	Not Known
Dyste Counselling Services  31 Broadway St E, <b>Yorkton, SK S3N 0K4</b>  (306) 316-0101	Provides counselling for individuals, couples and families on issues such as: - Addictions (assessment, recovery, relapse, prevention)	No	No	Yes
Grayston Counselling Service  5 – 31 Broadway St E, <b>Yorkton, SK S3N 0K4</b>	Provides counselling for families, couples, individuals, adolescents, and adults on mental health issues such as: - Addictions	No	No	Yes

(306) 782-2151	<ul style="list-style-type: none"> <li>- Depression and anxiety</li> <li>- PTSD</li> </ul>			
<p>Yorkton Region Health Centre</p> <p>270 Bradbrooke Dr., <b>Yorkton, SK S3N 2K6</b></p> <p>(306) 786-0558</p>	<p>Brief Therapy (one-three sessions for sudden and intense stress related to a specific cause)</p> <p>Individual Counselling (one-six sessions)</p> <p>Psycho-Educational or Treatment Groups</p> <p>Alcohol/Drug Withdrawal management (information, groups, links to resources, Naloxone kits, needle exchange program)</p> <p>Mental Health First Aid Courses</p> <p>Recovery Services (for individuals requiring ongoing support and life skills training)</p> <p>Mental Health Approved Homes (residence and assistance to people living with long term mental illness)</p> <p>Psychiatry (outpatient clinic and 15-bed inpatient unit).</p>	Yes	No	Yes
<p>Yorkton Turning Point Program</p> <p>109-345 Broadway St, <b>Yorkton, SK</b></p> <p>(306) 786-0637</p>	<p>Needle exchange and distribution</p> <p>Safe sex supplies</p> <p>Inhalation supplies</p> <p>STBBI testing</p> <p>Support, education and/or referrals</p> <p>Publicly funded vaccinations</p>	Yes	No	Not Known

### 3.4 Swift Current

#### 3.4a Swift Current: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Mental Health and Addictions Services  Cypress Regional Hospital, 2004 Saskatchewan Dr, <b>Swift Current, SK</b> S9H 5M8  1-877-329-0005	Mental health and addiction services Adult mental health services Child and youth mental health services Addiction services Rehabilitation programs Inpatient program Rural services Psychology services Psychiatry services	No	No	Yes
Southwest Medi-Centre  1 Springs Dr, Ste 500 <b>Swift Current, SK,</b> S9H 3X6  (306) 773-4681	Opioid agonist therapy	No	No	Not Known

#### 3.4b Swift Current: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Community Health Services  350 Cheadle St W, <b>Swift Current, SK</b> S9H 4G3  (306) 778-5280	Mental health and addiction services Adult mental health services Child and youth mental health services Addiction services - child, youth and adult Rehabilitation program Psychiatry services	Yes	No	Yes
Mental Health and Addictions Services	Mental health and addiction services Adult mental health services	No	No	Yes

Cypress Regional Hospital, 2004 Saskatchewan Dr, <b>Swift Current, SK</b> S9H 5M8 1-877-329-0005	Child and youth mental health services Addiction services Rehabilitation programs Inpatient program Rural services Psychology services Psychiatry services			
Swift Current Community Health  400-350 Cheadle St W, <b>Swift Current, SK</b> S9H 4G3 (306) 778-5280	Needle exchange/distribution Safe sex supplies Inhalation supplies Support, education and/or referrals Mental health intake Publicly funded vaccinations	Yes	No	Not Known

### 3.5 Rural and Remote Communities (listed alphabetically by community)

#### 3.5a Rural and Remote Communities: Withdrawal management, treatment and opioid agonist therapies (OATs)

Organization	Services	THN	NNADAP	Youth
Addiction Services: Assiniboia Union Hospital  Box 1120, 501 – 6 <sup>th</sup> Ave E, <b>Assiniboia, SK</b> S0H 0B0 (306) 691-6464	Counselling and treatment for individuals of any age dealing with their own addiction or family members.	No	No	Yes
Wolf Willow Health Centre  Box 490, 555 Red Coat Dr, <b>Eastend, SK</b> S0N 0T0 (306) 295-3534	Adult mental health services Child and youth mental health services Addiction services – child, youth and adult Rehabilitation program Psychology services Psychiatry services Inpatient/residential treatment	No	No	Yes

	Rural services			
Southeast Medical Group  700-1176 Nicholson Rd, <b>Estevan, SK, S4A 0H3</b>  (306) 637-2590	Opioid agonist therapy	No	No	Not Known
St. Joseph's Hospital Treatment Centre  1176 Nicholson Rd, <b>Estevan, SK, S4A 2V6</b>  (306) 637-2422 (adult) (306) 637-2465 (youth)	Individual, group and family counselling Screening and assessments Gambling services Youth and family services Prevention, education and community development Dual disorders treatment Treatment centre (30 beds) Community support program	No	No	Yes
Leading Thunderbird Lodge  Box 400, <b>Fort Qu'Appelle, SK S0G 1S0</b>  (306) 332-5659  <a href="mailto:kmmain.ltl@sasktel.net">kmmain.ltl@sasktel.net</a>	Provides a 16-week culturally-based holistic treatment program for First Nations and Inuit male youth, aged 12-17, who are experiencing challenges with alcohol, drugs, or solvent misuse.  In-patient/residential treatment Out-patient treatment Outreach/patient programming Concurrent disorders Residential schools On-the-land Gender-based Child counselling Solvent use issues	No	Yes	Yes
Pine Lodge Treatment Centre  211 Otterloo St, <b>Indian Head, SK S0G 2K0</b>	Inpatient drug and alcohol treatment A comprehensive assessment is conducted within days of admission, as well as an initial treatment plan that highlights treatment goals.	No	No	Not Known

(306) 695-2251	Treatment generally lasts 28 days, with occasional exceptions. Participation of the 12-step program is required of all patients in treatment.			
Leader and District Integrated Healthcare Facility  Box 129, 400 1st St W, <b>Leader, SK</b> S0N 1H0  (306) 628-5500	Adult mental health services Child and youth mental health services Addiction services - child, youth and adult Rehabilitation program Psychology services Psychiatry services Inpatient program	No	No	Yes
Moosomin Family Practice Centre  708 Main St, <b>Moosomin, SK</b> S0G 3N0  (306) 435-3838	Opioid agonist therapy	No	No	Not Known
Addictions and Mental Wellness Programs  Double T Ranch, Box 213, <b>Qu'Appelle, SK</b> S0G 4A0  (306) 535-5649	Offers eight-12 week life skills programs designed as an aid for those already working with their own support systems and provides an opportunity for personal growth, relationship building, and moving from mental illness to mental wellness and from addiction to recovery.	No	No	Not Known
Redvers Health Centre  18 Eichhorst St, <b>Redvers, SK</b> S0C 2H0  (306) 452-3553	Opioid agonist therapy	No	No	Not Known
Community Health Services Building  Box 2003, 900 Saskatchewan Dr, <b>Weyburn, SK</b>	Individual, group and family counselling Outpatient treatment Screening and assessments Codependency/family Gambling services	Yes	No	Yes

S4H 2Z9 (306) 842-7959	Prevention, education and community development Youth and family services Dual disorders			
Weyburn Health Centre  36 - 4th St NE, <b>Weyburn, SK,</b> S4H 0X7  (306) 842-5444	Opioid agonist therapy	No	No	Not Known

### 3.5b Rural and Remote Communities: Mental health and addictions supports and services

Organization	Services	THN	NNADAP	Youth
Arcola Health Centre  Box 419, 607 Prairie Avenue, <b>Arcola, SK S0C 0G0</b>  (306) 455-2771	Mental Health services Children's mental health services	No	No	Yes
Addiction Services: Assiniboia Union Hospital  Box 1120, 501 - 6 <sup>th</sup> Ave E, <b>Assiniboia, SK</b> S0H 0B0  (306) 691-6464	Counselling and treatment for individuals of any age dealing with their own addiction or family members.	No	No	Yes
Pharmasave #430 Broadview  518 Main St, <b>Broadview, SK</b>  (306) 696-2274	Take home naloxone kits	Yes	No	No
Prairie Health Care Centre  517 1 <sup>st</sup> Street N, <b>Cabri, SK S0N 0J0</b>	Addictions Child and youth counsellor Mental health Therapy sessions	No	No	Yes

(306) 778-5280				
<p>Wolf Willow Health Centre</p> <p>Box 490, 555 Red Coat Dr, <b>Eastend, SK S0N 0T0</b></p> <p>(306) 295-3534</p>	<p>Adult mental health services</p> <p>Child and youth mental health services</p> <p>Addiction services – child, youth and adult</p> <p>Rehabilitation program</p> <p>Psychology services</p> <p>Psychiatry services</p> <p>Inpatient/residential treatment</p> <p>Rural services</p>	No	No	Yes
<p>Counselling Services: Estevan Family Centre</p> <p>1322 7<sup>th</sup> St, <b>Estevan, SK S4A 2L6</b></p> <p>(306) 634-7234</p>	<p>Offers counselling and support services to individuals and families and/or groups on issues such as:</p> <ul style="list-style-type: none"> <li>- Addictions</li> <li>- Depression and anxiety</li> </ul> <p>One-on-one counselling</p>	No	No	Yes
<p>Estevan Addiction Services</p> <p>1174 Nicholson Rd, <b>Estevan, SK</b></p> <p>(306) 637-2422</p>	Take home naloxone	Yes	No	Not Known
<p>St. Joseph's Hospital Treatment Centre</p> <p>1176 Nicholson Rd, <b>Estevan, SK, S4A 2V6</b></p> <p>(306) 637-3610 (306) 637-2422 (adult) (306) 637-2465 (youth) 1-800-216-7689</p>	<p>Individual, group and family counselling</p> <p>Screening and assessments</p> <p>Gambling services</p> <p>Youth and family services</p> <p>Prevention, education and community development</p> <p>Dual disorders treatment</p> <p>Treatment centre (30 beds)</p> <p>Community support program</p>	No	No	Yes
<p>Addiction Services: White Raven Healing Centre</p> <p>450 8<sup>th</sup> Street, <b>Fort Qu'Appelle, SK S0G 1S0</b></p>	<p>Provides outreach and outpatient services, including:</p> <ul style="list-style-type: none"> <li>- Individual counselling and treatment plans</li> <li>- Gambling</li> <li>- Alcohol and drug assessments</li> </ul>	No	No	Not Known

(306) 332-2608 1-866-748-8922	<ul style="list-style-type: none"> <li>- Individual, group and telephone counselling</li> <li>- Education and awareness workshops</li> <li>- Treatment and withdrawal referrals</li> </ul>			
All Nations Hope Network  P.O. Box 1328, <b>Fort Qu'Appelle, SK</b> S0G 1S0  (306) 924-8424 1-877-210-7622	All Nations Hope Network has the capacity to offer services and programs that are geared to the Indigenous people through development, initiation and training of ANHN staff, board and members, to take ownership of clients that may present as living with HIV/ AIDS to truly meet their needs. Services include: <ul style="list-style-type: none"> <li>- Training and workshops</li> <li>- Annual events</li> <li>- Displays – provide displays with resources for community groups upon request.</li> </ul>	No	No	Not Known
Rural Addiction Services  Box 1819, <b>Fort Qu'Appelle, SK</b> S0G 1S0  1-866-367-8743	Wide range of community-based programs for people with addictions. Including, support, education and counselling for their family members. Individual counselling Rehabilitation program provides a long-term case management and rehabilitation service for clients who have long term serious mental illness. Ongoing support and counselling.	No	No	Yes
Gull Lake Special Care Centre  Box 539, 751 Grey Street, <b>Gull Lake, SK</b> S0N 1A0	Addiction's counselling Mental health Child and youth counsellors	No	No	Yes

(306) 672-4700				
<p>Fort Qu'Appelle Primary Health Care Centre</p> <p>178 Boundary Ave, <b>Indian Head, SK</b> S0G 1S0</p> <p>(306) 332-3345</p>	<p>Opioid agonist therapy Provides a variety of addiction support services, including:</p> <ul style="list-style-type: none"> <li>• Addictions Counselling</li> <li>• Recovery Support Groups</li> <li>• Youth services</li> </ul>	No	No	Yes
<p>Gambler's Anonymous</p> <p>White Raven Healing Centre, 450 8<sup>th</sup> St, <b>Fort Qu'Appelle, SK</b> S0G 1S0</p> <p>(306) 332-2608 1-866-748-8922</p>	<p>Shares experiences, strengths and hopes with each other to solve a common problem and help others recover from gambling related problems.</p>	No	No	Not Known
<p>Herbert and District Integrated Health Facility</p> <p>Box 520, 405 Herbert Ave, <b>Herbert, SK</b> S0H 2A0</p> <p>(306) 784-2466</p>	<p>Addictions Child and youth counsellor Mental health</p>	No	No	Yes
<p>Hodgeville Health Centre</p> <p>Box 232, 105 Main St, <b>Hodgeville, SK</b> S0H 2B0</p> <p>(306) 677-2293</p>	<p>Addictions Child and youth counsellor Mental health</p>	No	No	Yes
<p>Willowdale Lodge</p> <p>Box 420, 128 - 4th St S, <b>Kipling, SK</b> S0G 1S0</p> <p>(306) 736-2638</p>	<p>Mental health services Addiction services Child and youth services Adult services Depression self-management toolkit</p>	No	No	Yes

Pheasant Rump Nakota First Nation  Box 238, <b>Kisbey, SK</b> S0C 1L0  (306) 462-2401	Aims at reducing high levels of alcohol, drug and solvent abuse among on-reserve populations. Provides prevention, intervention and aftercare activities.	No	Yes	Not Known
Leader and District Integrated Healthcare Facility  Box 129, 400 1st St W, <b>Leader, SK</b> S0N 1H0  (306) 628-5500	Adult mental health services Child and youth mental health services Addiction services - child, youth and adult Rehabilitation program Psychology services Psychiatry services Inpatient program	No	No	Yes
Prairie View Health Centre  241 1st Ave, <b>Mankota, SK</b> S0H 2W0  (306) 478-2200	Addictions services Day program Mental health services	No	No	Yes
Maple Creek Hospital  Box 1328, 102 5th Ave W, <b>Maple Creek, SK</b> S0N 1N0  1-866-786-2510	Addictions Child and youth counsellor Mental health	No	No	Yes
South East Integrated Care Centre  601 Wright Rd, <b>Moosomin, SK</b> S0G 2N0  (306) 435-6266	Take home naloxone kits	Yes	No	Not Known
Nokomis Health Centre  103 - 2nd Ave E, <b>Nokomis, SK</b> S0G 3R0	Family support Suicide prevention Youth suicide services Addictions Mental health therapists	No	No	Yes

(306) 528-2114				
Ponteix Health Centre  Box 600, 428 2nd Ave, <b>Ponteix, SK S0N 1Z0</b>  (306) 635-3382	Addictions Child and youth counsellor Mental health	No	No	Yes
First Nation Addiction Rehabilitation Foundation  Box 280, <b>Punnichy, SK</b> S0A 3C0  (306) 835-2937	Provides support to individuals affected by gambling problems.	No	No	Not Known
Shaunavon Hospital and Care Centre  Box 789, 660 Fourth St E, <b>Shaunavon, SK</b> S0N 2M0  (306) 297-2644	Addictions services Child and youth counsellor Mental health services	No	No	Yes
Strasbourg and District  303 Edward St, <b>Strasbourg, SK</b> S0G 4V0  (306) 365-3400	Mental health and promotion and education services Family counselling Individual, family and group counselling/therapy Community development Community collaboration Referrals to other services	No	No	Yes
Community Health Services Building  Box 2003, 900 Saskatchewan Dr, <b>Weyburn, SK</b> S4H 2Z9  (306) 842-7959	Individual, group and family counselling Outpatient treatment Screening and assessments Codependency/family Gambling services Prevention, education and community development Youth and family services Dual disorders	Yes	No	Yes

## **Section 4: Appendices**

**Appendix A: Clinics offering OAT in Saskatchewan**

**Appendix B: Take-Home Naloxone Distribution Sites in Saskatchewan**

## Appendix A: Clinics offering OAT in Saskatchewan

Clinic	Address	Phone
Southeast Medical Group	700 - 1176 Nicholson Rd, <b>Estevan, SK S4A 0H3</b>	(306) 637-2590
Nakasuwenik Medical Clinic	Lajeunesse Ave, <b>Ile A La Crosse, SK S0M 1C0</b>	(306) 833-2044
Fort Qu'Appelle Primary Health Care Centre	178 Boundary Ave, <b>Indian Head, SK S0G 1S0</b>	(306) 332-3345
La Loche Health Centre	Dene Rd, <b>La Loche, SK S0M 1G0</b>	(306) 822-8800
La Ronge Medical Clinic	809 La Ronge Ave, <b>La Ronge, SK S0J 1L0</b>	(306) 425-2174
Midwest Medicial Clinic	101 - 4100 70 Ave, <b>Lloydminster, AB T9V 2X3</b>	(780) 874-1077
Meadow Lake Primary Health Care Centre	218 Centre St Po Box 1510, <b>Meadow Lake, SK S9X 1Z1</b>	(306) 236-5661
Dr Eshawesh Medical Corporation	1175 Queen St, <b>Melville SK</b>	(306) 728-2820
Hillcrest Health	15 Thatcher Dr E, <b>Moose Jaw, SK S6J 1L8</b>	(306) 692-0200
Alliance Health	890A W Lillooet St, <b>Moose Jaw, SK S6H 8B4</b>	(306) 691-0030
Kliniek On Main	351 N Main St, <b>Moose Jaw, SK S6H 0W2</b>	(306) 694-1440
Moosomin Family Practice Centre	708 Main St, <b>Moosomin, SK S0G 3N0</b>	(306) 435-3838
Battle River Treaty 6 Health Centre Inc	1192 101st St, <b>North Battleford, SK S9A 0Z6</b>	(306) 937-6840
Porcupine Plain Medical Clinic	207 Elm St, <b>Porcupine Plain, SK S0E 1H0</b>	(306) 278-2151
Access Place - Rapid Access to Addictions Medicine (RAAM) Clinic	101 15 <sup>th</sup> St E, <b>Prince Albert, SK S6V 1G1</b>	(306) 765-6544
Pain Clinic - Prince Albert Co-operative Health Centre	110 8th St E, <b>Prince Albert, SK S6V 0V7</b>	(306) 763-6464
Prince Albert Co-operative Health Centre	110 8th St E, <b>Prince Albert, SK S6V 0V7</b>	(306) 763-6464
Prince Albert Cornerstone Medical Clinic	100 Cornerstone (Inside Wal-Mart) <b>Prince Albert, SK</b>	(306) 922-2002
Sexual Health Clinic	101 E 15th St, <b>Prince Albert, SK S6V 1G1</b>	(306) 765-6544
Redvers Health Centre	18 Eichhorst St, <b>Redvers, SK S0C 2H0</b>	(306) 452-3553

Albert Street Family Medical	357 Albert Street, <b>Regina, SK S4R 2N6</b>	(306) 949-8840
Avon Medical Clinic	2781 Avonhurst Dr, <b>Regina, SK S4R 5R4</b>	(306) 559-5494
Elphinstone Medical Clinic	1957 Elphinstone St, <b>Regina, SK S4T 3N3</b>	(306) 757-9701
Gardiner Park Medical Clinic	1380 23 Ave, <b>Regina, SK S4S 3S5</b>	(306) 789-0616
Harm Reduction Methadone Clinic – Rapid Access to Addictions Medicine (RAAM) Clinic	1056 Albert St, <b>Regina SK, S4R 2P8</b>	(306) 766-6350
Integrated Wellness & Health Balance Center	2318 9th Ave N, <b>Regina, SK S4R 8C5</b>	(306) 757- 7107
Meadow Primary Health Care Centre	4006 Dewdney Avenue, <b>Regina, SK S4T 1A2</b>	(306) 766-6399
Northgate Medical Centre	2711 Avonhurst Drive <b>Regina, SK S4R 3J3</b>	(306) 543-4566
Oxford Clinic	4140 Dewdney Avenue, <b>Regina, SK S4T 1A3</b>	(306) 992-0707
Park Plaza Medical Centre	2036 Park St, <b>Regina, SK S4N 2G6</b>	(306) 757-0101
Pasqua Hospital	4101 Dewdney Ave, <b>Regina, SK S4T 1A5</b>	(306) 766-2440
Regina Centre Crossing, Family Medicine Unit	172 - 1621 Albert Street, <b>Regina, SK S4P 2S5</b>	(306) 766-0444
Rochdale Crossing Medical Clinic	5875 Rochdale Boulevard, <b>Regina, SK S4X 2P9</b>	(306) 205-8020
Warehouse District Medical Clinic	1230 St John St, <b>Regina, SK S4R 1R9</b>	(306) 352-2299
Rosthern Medical Clinic	6001 12th St, <b>Rosthern, SK</b>	(306) 232-4894
College Park Medical Clinic	2600 8 St E, <b>Saskatoon, SK S7H 0V7</b>	(306) 955-2600
Idylwyld Medical Centre	502 Idylwyld Dr N, <b>Saskatoon, SK S7L 0Z2</b>	(306) 652-0400
Lakeside Medical Clinic	215 Joseph Okemasis Dr, <b>Saskatoon, SK S7N 3A8</b>	(306) 374-6884
Mental Health and Addictions	314 Duchess Street, <b>Saskatoon, SK S7K 0R1</b>	(306) 655-0452
Primacy - Westend Walk-In & Medical Clinic	411 Confederation Dr, <b>Saskatoon, SK S7L 5C3</b>	(306) 382-6333
St. Paul's Hospital - Rapid Access to Addictions Medicine (RAAM) Clinic	1702 20 <sup>th</sup> St W, <b>Saskatoon, SK S7M 0Z9</b>	(306) 655-5754
Saskatoon Community Clinic	455 - 2nd Avenue North, <b>Saskatoon, SK S7K 2C2</b>	(306) 652-0300

West Winds Primary Health Centre	3311 Fairlight Drive, <b>Saskatoon, SK S7M 3Y5</b>	(306) 655-4200
Westside Community Clinic	1528 20 <sup>th</sup> St W <b>Saskatoon, SK S7M 0Z6</b>	(306) 664-4310
Southwest Medi-Centre	1 Springs Dr, Ste 500 <b>Swift Current, SK S9H 3X6</b>	(306) 773-4681
Weyburn Health Centre	36 - 4th Street NE, <b>Weyburn, SK S4H 0X7</b>	(306) 842-5444
City Medical Centre - Walk in Clinic	398 Broadway Street West, <b>Yorkton, SK S3N 0P1</b>	(306) 782-1122
Swan N T Dr	32 Smith St W, <b>Yorkton, SK S3N 3X5</b>	(306) 783-7926
Sunrise Health & Wellness Centre	259 Hamilton Rd, <b>Yorkton, SK S3N 4C6</b>	(306) 786-6363

## Appendix B: Take-Home Naloxone Distribution Sites in Saskatchewan

Facility Name	Address	Phone
Biggar and District Health Centre	501 1 <sup>st</sup> Ave W, <b>Biggar, SK</b>	(306) 948-3323
Pharmasave #430	518 Main St, <b>Broadview, SK</b>	(306) 696-2274
Buffalo Narrows Health Centre	491 Peterson Ave, <b>Buffalo Narrows, SK</b>	(306) 235-5800
Creighton Medical Clinic	298 1 St E, <b>Creighton, SK</b>	(306) 688-8620
Estevan Addiction Services	1174 Nicholson Rd, <b>Estevan, SK</b>	(306) 637-2422
Stepping Stone Wellness Clinic, Kamsack Hospital and Nursing Home	341 Stewart St, <b>Kamsack, SK</b>	(306) 542-1968
Kindersley and District Health Centre	1003 1st St W, <b>Kindersley, SK</b>	(306) 463-1000
La Ronge Public Health Office	227 Backlund St, <b>La Ronge, SK</b>	(306) 425-2422
Lloydminster Mental Health & Addictions	3830 43 Ave, <b>Lloydminster, SK</b>	(306) 820-6250
Lloydminster Mental Health & Addictions; Medical Clinic – Prairie North Plaza	#115 - 4910 50th St, <b>Lloydminster, SK</b>	(306) 820-5997
Medicine Shoppe Pharmacy #364	#5 - 301 Centennial Dr N, <b>Martensville, SK</b>	(306) 955-1055
Meadow Lake Mental Health & Addictions	#8 - 711 Centre St, <b>Meadow Lake, SK</b>	(306) 955-1055
Mental Health and Addictions Services, Melfort Hospital	510 Broadway Ave, <b>Melfort, SK</b>	(306) 235-5822
Pharmasave #428	410 Main St, <b>Melfort, SK</b>	(306) 752-2858
Crescent View Clinic	131 1st Avenue NE, <b>Moose Jaw, SK</b>	(306) 691-2040
Wigmore Regional Hospital	55 Diefenbaker Dr, <b>Moose Jaw, SK</b>	(306) 694-0200
South East Integrated Care Centre	601 Wright Rd, <b>Moosomin, SK</b>	(306) 435-6266
Mental Health & Addiction Services, Nipawin Hospital	800 - 6th St E, <b>Nipawin, SK</b>	(306) 862-9822
Davis Rexall Drugs	110 1st Ave W, <b>Nipawin, SK</b>	(306) 862-3141
Battlefords Sexual Health Clinic	1192 101st St, <b>North Battleford, SK</b>	(306) 937-6846
Outlook and District Health Centre	500 Semple St, <b>Outlook, SK</b>	(306) 867-8676

Pinehouse Lake Medical Clinic	PO Box: 70, <b>Pinehouse, SK</b>	(306) 884-5670
Access Place	101 - 15th St E, <b>Prince Albert, SK</b>	(306) 765-6544
Prince Albert Cooperative Health Centre	110 8 St E, <b>Prince Albert, SK</b>	(306) 763-6464
Lake Country Co-op Pharmacy #2, Prince Albert	110 8th St E, <b>Prince Albert, SK</b>	(306) 953-6249
Communicable Disease Sexual Health Program	2110 Hamilton St, <b>Regina, SK</b>	(306) 766-7788
Harm Reduction Methadone Program	1048 Albert St, <b>Regina, SK</b>	(306) 766-6350
AIDS Program South Saskatchewan	1325 Albert St, <b>Regina, SK</b>	(306) 924-8420
The Street Culture Project	2839 Victoria Ave, <b>Regina, SK</b>	(306) 565-6206
Addiction Treatment Centre	1640 Victoria Ave, <b>Regina, SK</b>	(306) 766-6600
Carmichael Outreach	1510 12th Ave, <b>Regina, SK</b>	(306) 531-7673
Medicine Shoppe #355	3934 Dewdney Ave, <b>Regina, SK</b>	(306) 522-5300
Vital Care	110 - 1550 14th Ave, <b>Regina, SK</b>	(306) 586-3001
R & C Drugs	2637 Dewdney Ave, <b>Regina, SK</b>	(306) 546-2422
Shoppers Drug Mart #422	2202 Broad St, <b>Regina, SK</b>	(306) 777-8166
Meadow Primary Health Care Centre	4006 Dewdney Ave., <b>Regina, SK</b>	(306) 766-6399
Four Directions Community Health Centre	3510 5 <sup>th</sup> Ave, <b>Regina, SK</b>	(306) 766-7540
Youth Detox	1640 14 Ave, <b>Regina, SK</b>	(306) 766-4298
Street Workers Advocacy Project	1375 Albert St, <b>Regina, SK</b>	(306) 525-1722
Specialty Health Clinic	1042 Albert St, <b>Regina, SK</b>	(306) 525-1200
Regina Drug Treatment Court	2024 B Albert St, <b>Regina, SK</b>	(306) 766-6300
Rosetown and District Health Centre	409 Highway 4 N, <b>Rosetown, SK</b>	(306) 882-2672
Rosthern Pharmacy	1014 6th St (Box 130), <b>Rosthern, SK</b>	(306) 232-4388
Sandy Bay Medical Clinic	Hill Street, PO Box 210, <b>Sandy Bay, SK</b>	(306) 754-5400
Mayfair Clinic	504 33rd St W, <b>Saskatoon, SK</b>	(306) 655-4007
Opioid Assisted Recovery Services	1611 20th St W, <b>Saskatoon, SK</b>	(306) 655-0480

Prairie Harm Reduction	1143 Avenue F N, <b>Saskatoon, SK</b>	(306) 242-5005
Mayfair Drugs	504 33rd St W, <b>Saskatoon, SK</b>	(306) 653-4357
Health Works Van	Locations Change, <b>Saskatoon, SK</b>	(306) 425-4990
Hewgill's Rexall Drug Store	1530 20th St W, <b>Saskatoon, SK</b>	(306) 652-6822
FASD Network of SK	510 Cynthia St, <b>Saskatoon, SK</b>	(306) 975-0884
Community Health Services – EI Wood Bldg	4th Floor, 350 Cheadle St W, <b>Swift Current, SK</b>	(306) 778-5280
Mental Health & Addictions Services, Tisdale Hospital	2010 - 110th Ave W, <b>Tisdale, SK</b>	(306) 752-8767
Unity and District Health Centre	Highway 14 N, <b>Unity, SK</b>	(306) 228-2666
Wakaw Pharmacy	134 1st St S, <b>Wakaw, SK</b>	(306) 233-4661
Weyakwin Home Care	General Delivery <b>Weyakwin, SK</b>	(306) 663-6100
Weyburn Addiction Services	900 Saskatchewan Dr, <b>Weyburn, SK</b>	(306) 842-8693
Turning Point Program – SIGN Yorkton	Room 109, 345 Broadway St W, <b>Yorkton, SK</b>	(306) 786-0637